

A Numerology Analysis

for

Oprah Winfrey

and

Stedman Graham

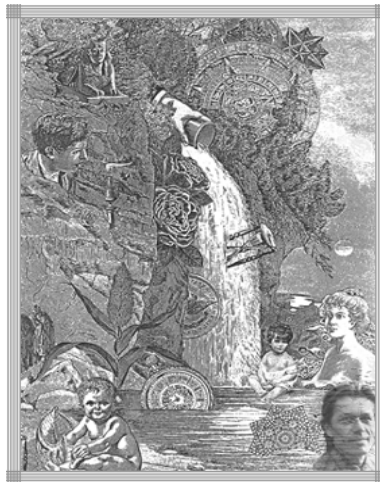
by

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Birth data:

Orpah Gail Winfrey  
January 29, 1959

Stedman Sardar Graham  
March 6, 1951



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Short name: Oprah Winfrey

Birth date: January 29, 1959

Birth name: Stedman Sardar Graham

Short name: Stedman Graham

Birth date: March 6, 1951

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# INTRODUCTION

## HOW TO READ YOUR RELATIONSHIP COMPATIBILITY REPORT

When two people are involved in a relationship, they get to know each other more deeply over time. At first, everything is wonderful and friction is rare. Then, as time goes by, you get to know other sides of your partner and, undoubtedly, discover some personality traits you don't like, and other traits you appreciate. The more time you spend together, the more you get to know each other. But even if you consider your relationship almost perfect, you will certainly experience at least some areas of possible friction.

The purpose of this report is to point out the different personality traits you possess, and how compatible they are. This report will help you identify those properties that are, at least to some extent, not compatible, and suggest how to prevent them from damaging, or dominating, your relationship.

It is important to also keep in mind that you may have some qualities that, although positive, are not compatible, but that negative traits are almost always a cause for friction. Therefore, you may find that this Relationship Compatibility Report is at times more critical and perhaps somewhat harsh - unlike most readings of this kind. If you feel uncomfortable with that, remember that this report was designed to throw light on those aspects in your charts that need to be understood and recognized, because if they are not, they can do a lot more damage than a few critical remarks in a reading.

Oprah and Stedman, you will probably encounter some texts such as: "The compatibility aspect in this area of the chart is already included in other parts of this report, offset by other conditions or redundant".

This is done in order to offer a perspective that is as well balanced and clear as possible, and repeating certain traits would place too much emphasis on them.

Master numbers are also handled somewhat different in a relationship compatibility report. They are reduced to their single digit values, because it is in the single digit's archetype that those personality traits are represented. If a number that appears in your chart is 11, 22, or 33, and the compatibility refers to the numbers 2, 4, and 6 respectively, this is not a typo but an indicator that the compatibility is based on the single-digit sum of your Master number.

You will also find that some numbers normally included in a personal numerology reading are not included in a relationship compatibility report. This is because the compatibility between two people is influenced much more strongly -- as much as ninety-five percent -- by the core numbers, than by all the other numbers in the chart combined. In fact, the lesser numbers in the chart would only muddle the waters if analyzed in the context of a relationship compatibility report.

Oprah and Stedman, I hope you will enjoy your Compatibility Report and, more importantly, I hope you will find this reading to be beneficial to your relationship.

## **LIFE PATH**

If ever there was a moment of total transformation, it was the moment of your birth. In that instant, you stepped through a door in time into a new reality -- the reality of human life. The most important number in your numerology chart is based on the date of your birth, the moment when the curtain goes up in your life.

Even at that moment, you were a person with your own unique character, as unique as your DNA. Everything that is you existed in potential, much like a play that is about to begin. Your entire life exists as a potential that has been prepared for. Oprah, you have ultimate freedom to do with your life as you like: To fulfill its potential completely, or to make some smaller version of yourself. It all depends upon your effort and commitment. You make the decisions to fulfill, to whatever extent, the potential life that exists within you. That is your choice. In this sense, the possible you is implicit during the moment of your birth.

The Life Path number gives us a broad outline of the opportunities, challenges, and lessons we will encounter in this lifetime. Your Life path is the road you are traveling. It reveals the opportunities and challenges you will face in life. Your Life Path number is the single most important information available in your Personality Chart!

***Oprah, your Life Path is 18/9***

Oprah, you are the philanthropist, humanitarian, socially conscious, and are deeply concerned about the state of the world. You have great compassion and idealism. You are a utopian, and will spend your life trying to realize some aspect of your utopian dream, sacrificing money, time, and energy for a better world. It is

in giving that you will find much satisfaction.

You have a broad outlook on life. You tend to see the big picture, rather than the minute details. You naturally attract people from all walks of life who can fit into your larger plans and take over the areas you find uninteresting. The person with a 9 Life Path is rarely prejudiced or accepts social biases of people. Instead, they evaluate people on the basis of what they can do for the larger cause. They are the true egalitarian.

Oprah, you are imaginative and creative, especially at harmoniously arranging the beauty already potential in the environment. These abilities can lead you into such fields as interior decorating, landscape art, and photography. But because of your strong social consciousness, you can be an effective politician, lawyer, judge, minister, teacher, healer, and environmentalist. Vocations that require self-sacrifice and have a clear social impact are common among 9s.

You are often disappointed by the realities of life: the shortcomings of others, or of yourself. Somehow, you don't want to accept the imperfections of the world, a feeling that drives you constantly to try to improve upon it. But rather than be satisfied with your efforts, and those of others, you relentlessly push on, striving for greater accomplishments. You are often unsatisfied with the results. In short, you lack the perspective that would otherwise make it possible for you to enjoy life more fully, and accept its natural limitations.

You have a controlled enthusiasm and the ability to finish what you start.

A key to your personality is the necessity of sacrifice. You have to learn to let go of material possessions and relationships, the inherent lesson being that holding on too tightly to anything causes pain.

Money comes to you through mysterious or unexpected ways: inheritance; the benevolence of someone who was inspired by your work; or a lucky investment.

Conversely, if you pursue money for its own sake, after giving up on your larger dreams, you're likely to find yourself empty handed.

The most successful and satisfying road for a nine is giving; sharing and sacrificing for a larger goal, without expecting anything in return. Oprah, your greatest chance at success is to tie your personal fortunes to an endeavor that makes the world a better place for others. Very often, this turns into a highly successful and lucrative enterprise, providing amply for you and your family. Your life rests on the axiom that the more you give, the bigger your reward.

You are romantic, but your love is more impersonal. You tend to be focused on your dreams.

When you are not in harmony with your true nature, you can fall to moodiness, or become aloof, and withdrawn. You can become timid, uncertain, and

ungrateful, putting the blame for your troubles on others or the world. You have a gift for examining your life objectively, and at some distance. Be honest with yourself. By openly facing your shortcomings, as well as your strengths, you develop equilibrium. You are thus able to love and better understand yourself and all of life.

### ***Stedman, your Life Path is 16/7***

Stedman, you are the searcher and the seeker of the truth.

You have a clear and compelling sense of yourself as a spiritual being. As a result, your life path is devoted to investigations into the unknown, and finding the answers to the mysteries of life.

You are well-equipped to handle your task. You possess a fine mind; you are an analytical thinker, capable of great concentration and theoretical insight. You enjoy research, and putting the pieces of an intellectual puzzle together. Once you have enough pieces in place, you are capable of highly creative insight and practical solutions to problems.

You enjoy your solitude and prefer to work alone. Stedman, you need time to contemplate your ideas without the intrusion of other people's thoughts. You are a lone wolf, a person who lives by his own ideas and methods. As a result, close associations are difficult for you to form and keep, especially marriage. You need your space and privacy, which, when violated, can cause you great frustration and irritation.

When your life is balanced, however, you are both charming and attractive. You can be the life of a party, and enjoy performing before an audience. You enjoy displaying your wit and knowledge, which makes you attractive to others, especially the opposite sex.

But you have distinct limits. While you are generous in social situations, sharing your attention and energy freely, you are keenly aware of the need to "come off stage" and return to the solitude of your lair. You associate peace with the unobtrusive privacy of your world. Therefore, intimacy is difficult for you, because you guard your inner world like a mother lion does her cubs.

All this privacy and aloneness can cause isolation and loneliness, however. You can be aware of emptiness in your life, a part of you that yearns for company and close companionship that may be unsatisfied.

If isolation is brought to the extreme, you can become cynical and suspicious. You can develop hidden, selfish motives, which people may sense and may cause them discomfort around you. You must guard against becoming too withdrawn

and independent, thus shutting out the love of others and keeping you from experiencing the true joy of friendship and close companionship.

Stedman, you must especially watch out for selfishness and egocentricity, thinking of yourself as the center of the universe, the only person who really matters. Social contact gives you perspective on yourself and on life, while too much isolation can make you too narrow and even shut off from the rest of the world.

Secretly, you may feel jealous of the easy relationships formed by others; you may perceive others as less inhibited than you, or more free to express themselves. You may harshly criticize yourself for not being more gregarious, powerful, or capable of greater leadership.

Your challenge in life is to maintain your independence without feeling isolated or ineffectual. You must hold fast to your unique view on the world, while at the same time being open to others and the knowledge they have to offer.

With your abilities to learn, analyze, seek out answers to life's important questions, you have the potential for enormous growth and success in life. By the time you reach middle age, you will radiate refinement and wisdom.

Pythagoras loved the seven for its great spiritual potential.

Stedman, your 16 Life Path also reflects the presence of a Karmic Debt. The 16 Karmic Debt means destruction of the old and birth of the new. The 16 is about the fall of the ego, and all that it has built for itself. It is a watershed, a cleansing. All that has been constructed, and all that serves to separate the person from the source of life is destroyed. Through the 16, reunion with the Great Spirit is accomplished.

This can be a painful process, because it usually comes after much ego inflation. This results in a struggle between the ego and the divine will. Life presents challenges to your grand plans, which can be resented and struggled against. It is a lost battle, and you will likely feel humbled in the face of the collapse that follows. This humility is the key to later success, however, because you will learn to follow the intimations of a higher reality. In the destruction of the old, a spiritual rebirth takes place with an entirely new awareness. This rebirth affects every area of your life. It is a life much the better for the fall.

Those with the 16 Karmic Debt must be careful of egotism. Very often, those with the 16 use their highly intuitive and refined intellect to look down upon others, and view the rest of the world as inferior. This causes acute alienation and loneliness. In addition, it invites retribution, for the egotist is humbled more

harshly than any other. When the 16 is in one of the core numbers, this process of destruction and rebirth is a continual cycle that actually serves to bring you into higher consciousness and closer union with the source of life.

The 16 Karmic Debt can be a path of progress and great spiritual growth if it is looked at properly. One develops great faith by placing one's life in the hands of God. Through such faith, gratitude and peace are firmly established.

### ***Your Life Path's compatibility is 9 and 7***

Oprah and Stedman, your Life Path numbers are the most important numbers in your charts, and, as such, their compatibility is very important to the well-being of your relationship.

Stedman and Oprah, the seven and the nine usually get along fine, as long as too much interaction is not required. Although compatible in some areas, they are not that interested in each other's issues. If you imagine the seven and the nine as two archetypes forced to spend some time together in a social event, you might see them politely chatting about superficial stuff for a couple of minutes, then lapse into extended silence. However, there is no dislike, the issue here is simply a lack of interest.

Stedman and Oprah, although the numbers in this part of your charts add no particular excitement and energy to your relationship, on the plus side we find that they rarely cause any kind of discordance.

Religion is one of the few areas where the seven and the nine tend to be incompatible. Oprah thrives on faith and has the intuitive understanding that all things are in balance. This understanding is also the reason why Oprah may occasionally experience completely unexpected financial windfalls in the form of an inheritance or some other stroke of luck. Stedman, on the other hand, needs to be able to recognize logic and does not accept anything at face value. Stedman questions everything and religious belief, at least as reflected by the seven in this part of the chart, is alien to Stedman's intellectual quest for understanding. Sometimes, this can turn Stedman into a skeptic, even cynical, which goes against the faith of the nine.

Your completely different taste may well generate other areas of conflict.

Stedman might enjoy life in a great metropolis, while a cozy chalet up on a hill in the countryside would be like Paradise for Oprah. But one thing is for sure: when it comes to deciding colors and objects for your home, the nine is unquestionably

better suited.

## **EXPRESSION**

Your Expression number reveals your physical and mental constitution, the orientation or goal of your life. Some numerologists refer to this number as the Destiny, because it represents a lifelong target at which you are aiming. You work at fulfilling this potential every day of your life. Thus, the Expression number reveals your inner goal, the person you aim to be.

The Expression number reveals the talents, abilities, and shortcomings that were with you when you entered your human body. Your name, and the numbers derived from it, reveals your development, as well as the talents and issues you will be working with during this life.

For those for whom reincarnation is an accepted philosophy, the vibration of your full name can be seen as the totality of your personal evolution, the experiences, talents, and wisdom accumulated over many life times. Every experience, no matter how great or small, along this evolutionary path has influenced your development, and brought you to your current state of being.

The Expression is your being; the Life Path is the major lesson you are attempting to learn this time around. Time allows the gradual emergence of your personality. By reading the Expression number below, you will come to understand your basic nature and the abilities and issues inherent in your being.

### ***Oprah, your Expression is 7***

Oprah, you are gifted with an analytical mind and an enormous appetite for the answers to life's hidden questions. You have a strong interest in exploring scientific matters, philosophy, and even mysticism. You possess clarity and persistence in your search for truth. You can be a great researcher, educator, and philosopher.

You are driven by a desire for knowledge and truth. You must learn to discriminate between illusion and reality, but you are well equipped for this task. Your fine mind offers you insight into the veiled mysteries of life. You also possess a considerable amount of perspective. Somewhere inside you, you are aware of a peaceful place that you call upon during difficult times.

Oprah, you need time to be by yourself. Too much social interaction causes you stress. You need your privacy and a place that can be shut off from the hustle and bustle of life. You tend to keep your thoughts to yourself and are secretive.

Unless your 7 expression is balanced by extrovert characteristics (usually revealed by the numbers 1, 3, 5, and 8), your introversion may pull you deeply within yourself, even cutting you off from others.

You have a strong dislike of the superficial and mundane. You are often surprised by the lack of understanding or depth of knowledge of others, many of whom do not take the search for knowledge as seriously as you do. This can cause you to be critical of others, and even cynical about life in general.

The more cut off from others you become, the more hidden are your motives. Once you develop understanding of people and life, your advice and counsel will be sought by those around you who need your wisdom.

You love to specialize your knowledge and develop great depth within your field. You are a perfectionist.

You should complete your studies early in life and not be driven too hard by a desire to be successful. Let things come at their own pace, be open to opportunity, but remember your rewards, satisfaction, and contentment come from a higher source.

Sevens can be distant and aloof. When dominated by their darker characteristics, they can be unfaithful, dishonest, and cruel. Contemplation, meditation, and the softer, finer vibrations of life can restore your sense of harmony and keep you on the path to peace and balance.

Oprah, you have a logical mind. Your analytical skills cause you to approach a problem in a detached, surgical kind of way. Researchers, analysts, investigators, inventors, technicians, scholars, lawyers, bankers, watchmakers, priests, philosophers, theologians, and administrators in some scientific or technical field are among the vocations 7s are drawn to.

### ***Stedman, your Expression is 32/5***

Stedman, you are a free spirit. You love change, adventure, and excitement. You love your freedom. Like a bird that needs its wings to live, you cannot exist without it. Freedom is the nucleus around which your life revolves. You need it for your very survival. By using freedom properly, you are able to explore and develop all of your varied talents. You will meet many types of people and travel great distances. Freedom is the atmosphere necessary for you to bring forth your many talents.

You are capable of doing almost anything, and probably quite well. Only by avoiding the imprisonment of illusory security are you able to bring forth your abilities.

Stedman, you are unusually adaptable. In fact, change is a blessing for you. In the same way, you need challenge and variety. You hate the routine of life; being stuck is a catastrophe for you. You become miserable when you are held back or held down.

The taste and texture and color of life have an overpowering allure for you. From childhood, you dream of seeing foreign lands, experiencing the sensual and the exotic. You want to try everything at least once in life. All of life is a playground for your senses.

But this can get you into trouble. You may fail to respect your natural limits, either biologically or socially. Any sort of boundary is anathema to you, which can blind you to your natural limits, and may cause you to overindulge your desire for food, sweets, alcohol, sex, and drugs.

Stedman, you are gifted in your ability to communicate. Your facility with words is almost limitless. You can be a salesman, politician, lawyer, public relations person, and minister. You also possess the talent to share and advance new ideas. You are talented with your hands. You love the new and untried. Your field is the frontier. You are a bit of a gambler, and often play for very high stakes. All of this combines to give you a youthful enthusiasm, which others find infectious and attractive.

You like to work with others, but need to perform your task un-encumbered by the restraints of others.

Stedman, you are a clever and a quick thinker, but your thought processes -- like your life in general -- can be unorganized and scattered. You must stay grounded and focused if you want to be successful.

You fall in and out of love frequently, especially early in life. You are naturally sensual and commonly have a strong sex drive. These characteristics usually make for a lively and exciting love life, but you must guard against shallow feelings and relationships. Your challenge is to develop mature and lasting relationships.

Self-discipline and setting healthy limits is the key to your success in virtually every area of your life. Ironically, you will find that as you learn to set appropriate limits on yourself, you will develop more self-mastery and realize even greater freedom.

This is especially true when it comes to finishing what you start. Your tendency is to give up once you've got a project or job under control; you grow bored quickly. You start to fantasize about a new challenge, or the rewards of your great accomplishment, long before the work is finished.

The 5 Expression desires the whole world. You are aware that you have many talents that can bring much success. But that success depends on your willingness to choose certain areas to concentrate on, and to bring them to perfection.

***Your Expression's compatibility is 7 and 5***

More than any other number in your chart, your Expression number reflects who you are as a person. Earlier, you read about the Life Path number and how important that number is in your chart. However, the Life Path number reflects “the path you walk on,” and should be seen more as a powerful influence than as a part of your personality makeup. Your Expression number on the other hand, reflects a deeper part of you. It is more difficult to overcome possible negative traits you may have recognized in yourself when they are found in this part of the chart, than when they are found under the Life Path description.

It can't be emphasized too much how important it is to realize that numbers in different areas of the chart affect you differently, even when it is the same number. Sometimes, you may read something that seems to directly contradict earlier statements. Yet, if you take the time to think about them carefully, you will probably recognize that you, as a human being, are extremely complex and full of the same contradictions. This is simply the way we are. You may be organized in one area of your life, while chaos rules in another area. You may be tactful and sensitive in one setting, and direct and confrontational in another situation.

Stedman and Oprah, not only is this one of the best combinations for long-lasting relationships, but it is also a merging of archetypes that promises mental and spiritual growth for both of you.

The five and the seven fulfill each other's needs and desires in many ways, but particularly on the intellectual and spiritual planes. Many famous intellectual and artistic couples shared this combination. This is one of those partnerships that are larger and more promising than the sum of their parts.

Stedman has a quick and flexible mind spiced with a wicked, offbeat sense of humor. The five thinks on its feet and looks right through any attempt to disguise. Among neuro-specialists there is a basic idea that, over the years, the mind tends to think according to established patterns, like water running through canyons. This may be the case with many people, but not with those who have a five in this position of the chart. They will never allow their minds to shelter any repetitive, predictable patterns. Thanks to Stedman's ability to juggle ideas and concepts,

Stedman will always seem younger and remain more playful and quick-witted long past the time other people of Stedman's age group have slowed down.

Oprah's mind is also powerful. However, Oprah's mental and spiritual faculties operate very differently from Stedman's. Oprah has a dry sense of humor and a more serious mind. Oprah seeks answers to life's major questions and often spends time staring into some inner space, searching for insight and understanding. Probably not closely connected to organized religion, Oprah - nonetheless or because of this - has a strong sense of the reality of the God force. For Oprah, the mystery of life is not just some unattainable abstract concept - it is a reality. It is a major source of inspiration and a force that influences Oprah's daily life. The seven is the most spiritual of all numbers, but it is rarely found among those who have simply accepted their local religious presence. The seven asks too many questions and takes the spiritual much too serious to take anything at face value.

The only real source of discordance that can appear between the five and the seven, Stedman and Oprah, is spiritual in nature. For Oprah's taste, Stedman may seem too flamboyant and superficial at times. By the same token, for Stedman, Oprah may become too hung up on certain spiritual concepts. Stedman may even see Oprah as somewhat of a zealot. It is difficult for Stedman to understand how someone can become so involved in abstract concepts and philosophies, while Oprah may not be able to accept the fact that for Stedman the experience of life is more important than trying to analyze it. However, the seven and the five have such a powerful positive influence on each other that this disagreement rarely appears when a seven and a five form a partnership. Stedman keeps Oprah loose and able to enjoy life also from a simpler, more direct perspective, while Oprah is able to show Stedman how a deep, serious search of understanding can be immensely gratifying. Frequently, partnerships based on the five and the seven are intellectually and spiritually dynamic and last for a very long time.

## **HEART'S DESIRE**

Your Heart's Desire is the inner you. It shows your underlying urge, your true motivation. It reveals the general intention behind many of your actions. Consequently, it dramatically influences the choices you make in life. The Heart's desire is seen as part of the larger picture, called the core numbers, which includes the Life Path, Expression, Day you were born, and Personality. But each points to a different aspect of you.

The Expression number reveals your talents and abilities, and your general direction in life. The Life Path is the central lesson you came into the world to learn. The Day you were born is very closely connected to your Life Path. It reveals specific talents you possess, which will be helpful to you in dealing with your Life Path. The Personality reveals how people tend to see you. It also demonstrates what characteristics you are projecting to the world. The Heart's Desire demonstrates the identity of the soul that joined the earth -- you, the spiritual being.

***Oprah, your Heart's Desire is 13/4***

You like to live a stable, well organized life. You dislike sudden changes. You prefer orderliness in all things. You have a systematic mind that is reflected in everything you do. You can establish and maintain a routine. You are exacting with details and quite thorough.

You like to carefully analyze a problem and then tackle it in a logical and practical approach. You want to be dependable, a rock of strength and an example of discipline for others.

Work is central to your life, but you may have a tendency to overdo it; you can easily become a workaholic if you're not careful. You have a great deal of energy and can accomplish a lot.

You want a family and you are a good parent. You may carry the discipline and the need for orderliness too far, especially in your family, making children and spouse feel oppressed and limited. Flexibility is your key to harmony and balance in life. For you, structure is more important than freedom, which you tend to interpret as chaos. But others do not have your need for well defined systems, in fact, they may feel deeply inhibited and uncomfortable with it. The peace you get from orderliness may represent a prison to someone else.

Oprah, you need and want much love, but you are not very demonstrative. You can be a little rigid and stubborn.

You are honest and unpretentious. You detest liars and affectations.

You can be very determined and tenacious. You are the bedrock of any enterprise. You have the courage to go into the nitty gritty of a problem and come up with a solution. Try not to lose sight of the larger picture and dream while you plumb the depths of the bottom line.

***Stedman, your Heart's Desire is 10/1***

Stedman, your overpowering need is to be independent and to direct your own life according to what you believe. Your dream is to become the leader of whatever field you enter. Whether it is in business, community, or in your general area of expertise, you are driven to be the reigning figure.

You have the courage and the confidence to lead others. You believe firmly that your judgment is preeminent over all others. This gives you the confidence to make bold decisions and carry them out, even when other lives are greatly affected by what you do. You rarely look back once you have made a decision.

You possess intelligence and wit. You are keenly insightful and are good at evaluating the abilities of others.

You are supremely individualistic. In your manner and dress, you like to project your own unique persona.

Consequently, you don't mind being controversial, and can even enjoy the attention and impact you have made on your surroundings.

Stedman, you dislike routines, or anything that limits your freedom and independence.

Whenever you commit to something you truly love, you are absolutely tenacious in your ability to endure difficulties and overcome obstacles. You are highly responsible; you hate passing the buck. You possess remarkable willpower and a strong drive to succeed.

You are always looking for innovative ways of doing things.

Because you seek to be the boss in any endeavor, you have a tendency to dominate others. If you are not careful, especially in dealing with your subordinates and family, you may become ruthless in your decisions and behavior. You can also fall victim to impatience and intolerance, particularly if you grow conceited or superior.

Stedman, you are the pioneer and the ground-breaker. You love the foreground, the hot-seat of responsibility. You have all the talents to succeed. As long as you maintain balance in your life, allowing others full expression of their thoughts and abilities, you will easily rise to the top of your chosen field and realize your ambitions.

### ***Your Heart's Desire's compatibility is 4 and 1***

Compatibility of the Heart's Desire numbers is very important in a relationship - few relationships last beyond the initial stage if the Heart's Desire numbers are not compatible.

This aspect of the chart reveals a combination that can be solid as a rock for a long time only to crash and burn in the blink of an eye. Stubborn, highly motivated, a self-starter and an unconventional individualist, Stedman is also adventurous and not afraid of trying new, even risky paths. Strongly driven, the number one doesn't usually give a hoot about other people's expectations. So, Stedman does whatever Stedman wants to do and will fight anyone and anything trying to get in the way. Oprah is no less gifted in the areas of persistence and ambition. However, the number four stands for everything that is sturdy, reliable, patient, responsible, conventional, detail-oriented and "doing things the way they should be done." And this is precisely where some possibly dangerous pitfalls for this relationship lie. Oprah has both feet firmly on the ground. Undeterred by the prospect of having to take care of things that might be boring and routine, Oprah will do the job, no matter what. Oprah will not step aside just because something is difficult or may take a lot of time. The four marches on until the job is done. Period. Stedman, on the other hand, does not have that kind of patience. When the forces are no longer in Stedman's favor, it's time for war. "Confront the challenges head on with a 'damn the consequences' attitude" - this is Stedman's dilemma. This can be a thriving relationship as long as Stedman doesn't start on a path of unknowns and risky, questionable results. However, that will unavoidably happen and Oprah will at times be seen as a stick in the mud, a source of frustration for Stedman. When this kind of situation becomes overwhelming, it will almost certainly bring this relationship to an end. On the other hand, as long as Stedman is able to respect Oprah's need for a secure, perhaps even predictable, lifestyle, and Oprah can understand Stedman's need to try new avenues, take risks, occasionally venture out into unknown territories, the relationship can endure.

## **PERSONALITY**

Your Personality number is derived from the consonants of your full name at birth. Your Personality is like a narrow entrance hall to the great room that is your true nature. It is those aspects that you feel comfortable sharing with people at the outset of a relationship. With time and trust, you invite others into the deeper aspects of your nature; you reveal more of who you really are, in effect, your Heart's Desire, Expression, and so on.

Your Personality number often serves as a censoring device, both in terms of what you send out, as well as what you allow to approach. It discriminates in the kinds of people and information you let enter your heart and mind. For this

reason, your Personality is usually much more narrow and protective in its definition than the real you. It can screen out some of what you do not want to deal with -- people or situations -- but it also welcomes those things that immediately relate to your inner nature.

Your Personality number also indicates how others perceive you. No one can be objective about himself or herself. Even our closest friends and relatives have trouble describing how they see us.

### ***Oprah, your Personality is 12/3***

Oprah, you are highly attractive. Many men with a 3 Personality are very handsome; women are often strikingly beautiful.

Your vibration is full of life. You are uplifting, inspiring, and charming. You are a fun person to be around. Your wit and sparkling personality make you the life of a party.

You are extroverted and optimistic. You appreciate fine clothing and jewelry, and enjoy dressing up a bit. You like glamour, and are sought after by the opposite sex.

You are a romantic. Oprah, you fall in and out of love rather quickly. You are affectionate and giving.

Do not let your charm be an incentive to play too much. Work at developing deep and lasting relationships. You have to avoid scattering your attention for popularity.

You can be flippant about commitments and may dramatize or exaggerate.

Your wit can cause you to rely too much on superficial, humorous conversation.

You have a distinct "lucky streak" that attracts many opportunities throughout your life. You also have a knack of promoting yourself as well as inspiring others. When backed up by hard work and self-discipline, these qualities almost ensure your success.

### ***Stedman, your Personality is 13/4***

Stedman, you radiate reliability and consistency. People trust you and feel secure with your judgment. You are seen as a cornerstone of a business and are relied upon to do your work efficiently and expertly.

You have strength and respectability. You tend to dress in a utilitarian manner, concerned mostly with convention, practicality, durability, and price. You present yourself as someone who values correctness, control, and precision.

All of this stems from the fact that your most prized characteristic is your work. You want to be judged on the basis of your performance, rather than your appearance.

You are frugal and have learned to respect a dollar. You are concerned about the security of your future and those you love. However, this may appear to others as a bit too austere.

You tend to wear earth colors and conventional attire. You could benefit by putting a little flair in your dress. Wear more uplifting colors. Loosen your dress with less severe lines. If you wear a brown suit, include a bright tie or some jewelry.

You are a family person. You love the intimacy, consistency, and the security a family provides. You are a good provider and protector. But family members may take your efforts for granted.

Stedman, you are a true patriot. You love your country and are an integral part of your community. Your consistency and adherence to your well-laid plans usually pays off in a comfortable and secure future.

### ***Your Personality's compatibility is 3 and 4***

Quickly recognized when two people first meet, not many relationships even get started unless the Personality numbers are compatible.

This is both a very promising as well as a very difficult combination. Oprah reveals a fun-loving, optimistic side, a creative, playful, perhaps even childlike nature. Oprah demonstrates to have faith in life and is confident that things will work out, no matter what. In addition, Oprah has a natural, intuitive talent to go with the flow and escape pitfalls almost effortlessly. Stedman, on the other hand, is much more grounded, practical, and has a hands-on approach to life. Stedman feels that discipline and focus, responsibility, dependability and duty are the requirements to create a life of comfort and contentment. From one perspective, this makes for a nicely balanced relationship. Oprah's approach works for Oprah. Stedman has seen the fruits of effort and discipline and knows there is safety in having at least some control. As long as life doesn't throw a monkey wrench in your situation, this can be a harmonious, very satisfying relationship. But when life becomes a challenge, when problems - especially practical, material, worldly problems - come up, Oprah and Stedman, this combination of three and four is one of the least prepared to deal with it. Oprah, you may well start resenting Stedman for taking such a hard, grab-the-bull-by-the-horns approach,

since Stedman is not the type of person who backs away and watches things fall apart. In addition, it is important that you bear in mind that we are talking about problems that did not arise between you, from your relationship, but from outside, issues like a shortage of money, the loss of a job, an expensive illness, or some other unfortunate shift.

Stedman will be tempted to look at Oprah and question the amount of effort and sacrifice Oprah is investing during this difficult time. Blame will feed resentment and anger, and soon, instead of forming a combined front to overcome the obstacle, you will turn against each other.

When that happens, Oprah and Stedman, you will need to step back and realize that, although you may not understand what motivates your partner to respond so differently from what you believe is the correct and required approach, you should not judge. Oprah, you may not believe that Stedman makes any sense. You may well feel that all that effort is misdirected, perhaps even detrimental to a positive outcome, but Stedman needs that effort. Stedman needs to feel that there is some control.

On the other hand, Stedman may blame Oprah for not doing enough, which may be true. On the surface, Oprah may seem to be backing away from the problem. Oprah does not focus on the issue itself as much as on whatever is needed to make it go away, or, at least, to make it bearable. Oprah will bring in the optimism and the motivation to go on. Oprah will point to the light at the end of the tunnel, no matter how tiny or seemingly far away, and when everyone else is ready to give up, Oprah will bring in the much needed energy and get you back on your feet. Oprah is invaluable during such a time. And that, too, takes effort.

So, just remember that, although difficult, yours is also a very promising combination, and the key to making the most of it lies on not trying to judge each other, but on combining your many individual qualities.

## **PERSONAL YEARS**

Your Personal Year number is a strong indication of the trends and circumstances you will experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and therefore run concurrent with the calendar year. Transit and Essence cycles are based on the letters of your name and run from birth date to birth date.

There are nine personal year numbers, which makes up a complete Epicycle. Each Epicycle reveals the progression or evolution of a specific part of your growth. Oprah, your progress along this Epicycle can be seen very logically, from

the infancy or beginning of a growth period in your life, to the conclusion or culmination of that process. The 1 personal year indicates your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle. Below is a description of your current Personal Year. It indicates where you are on the 9 year Epicycle.

The Personal Years form the building steps that mark your progress through life.

### ***Oprah, your Personal Year for 2009 is 5***

This is a year of dynamic change, Oprah. Many surprises will come your way. Be open and ready to embrace new opportunities.

Do not be overly careful this year. This is a year in which a major step forward can take place if you are willing to take some calculated risks and do a little gambling. Wisdom and prudence is the key, but you will definitely be faced with choices that require fast action and a willingness to act before all the facts are in.

This is an exciting year in which you will be required to promote yourself in order to take full advantage of the opportunities that await you.

There will be increased opportunity to travel and possibly a change of residence.

You may be tempted by the desires of the flesh: too much food, alcohol, sex, and drugs. Be careful and discriminate. You could make mistakes in these areas.

You will have some unexpected adventures and lucky breaks this year.

This can be an unsettling year if you try to cling to outmoded methods or characteristics. This is a year to throw off the old and adopt the new. It is a rebirth and a release after last year's struggle.

This is a year in which change takes place consistently, and particularly so in April and May. July is a breakthrough, a time to enjoy life. September can be intense, while October requires tact and balance in relationships.

### ***Stedman, your Personal Year for 2009 is 2***

Stedman, this is a year to carefully protect and nurture your plans. You will be like a mother watching over her children, conscious of every threat, real or imagined.

You need tact and cooperation to keep yourself moving forward. There will likely be confrontations with others, requiring a subtle and gentle approach. You will have to stay focused on your goals, yet use intelligent persuasion. Being

forceful may work against you; compromises will work in your favor.

You will be unusually sensitive and may wonder at times what happened to the drive and momentum you felt last year. This year requires something else from you now -- a delicate sense of balance and a willingness to go around obstacles, without losing sight of your goal.

You may experience some emotional depressions and frustrations. The year is marked by struggle, but there are many opportunities to advance your plans.

This is a year of slow growth, requiring patience.

Be discriminating in your associations and secretive about your plans. Don't talk too much about your ideas; be a bit secretive; guard yourself and your ideas. You are somewhat vulnerable this year.

This is a good year to improve yourself through reading and research. Stedman, your growing awareness of the less visible and less obvious aspects of life will make you much stronger and better prepared for the future.

You must be wise in all your relationships and associations this year. You are far more capable of establishing close, even life long relationships this year. Because sensitivity and openness are heightened, many people find their "soul mate" in a two year.

May is the pivotal month in the year. You are extremely intuitive and sensitive. You are also self-reflecting and better able to influence your peers and situation through spiritual awareness. July brings a culmination of plans and a distinct step forward. August sees things become more concrete and brings a new beginning. September is emotional, requiring adjustments, tact, and inner resolve. The 2 year is a year of growth and advancement, but through gentle means, and the indirect use of your personal power.

### ***Your Personal Year's compatibility for 2009 is 5 and 2***

Compatibility is as important with the cycles as it is with character traits. It is possible for a relationship between two people with otherwise very compatible charts to break down as a result of encountering one or more incompatible cycles. However, it is much easier to overcome or avoid possible pitfalls resulting from incompatible cycles than from incompatible personality traits.

Stedman and Oprah, the 2 and the 5 get along fine in many ways; they happily play together, love together, and enjoy each others company. At least as long as everything is in harmony. However, the moment they hit a bump in the road, the results can be disastrous.

Therefore, the trick is to avoid bumps in the road as much as possible. Strange as it sounds, this is a good time to stay on the surface, not dig too deep.

For Stedman, the enhanced emotional vulnerability typical of a 2 cycle opens the door to possible negative feelings that are out of proportion with what is really going on. A minor criticism can become a major source of discontent for Stedman. At the same time, Oprah is not as aware as usual; more impulsive, and quicker to say something without much consideration for the feelings of others. Oprah's mind is more active and less restrained. It is important for both of you to take each others remarks, especially those spoken in the heat of the moment, with a big dose of salt. Neither one of you is particularly good at expressing yourself accurately, or true to your real nature, during this time. Oprah is too quick and impulsive, Stedman is too sensitive and emotional. It will help you to keep this in mind and allow each other some leeway during this time.

### ***Oprah, your Personal Year for 2010 is 6***

This is a year of progress and financial advancement, Oprah. Major career opportunities present themselves. It is a challenging year in which personal growth is joined with new responsibilities and challenges.

This is a year of domestic responsibility and attention to the needs of family and friends. It is a time of heart felt emotions and some sacrifice. It is a time for comforting and caring.

You realize the importance of your place within your community. You will be called upon to help others bear their burdens. You are the proverbial friend in need.

Oprah, you must work to create an atmosphere of harmony and balance. It is often a time when marital issues surface and need attention. However, you possess the understanding to deal with such issues effectively if you apply yourself with love and flexibility.

These deep feelings bring renewal to relationships and often a birth in the family.

May is an emotional month filled with the promise and the stress of imminent changes. June is a breakthrough and a relief. September brings advancement, October self- reflection and readjustments, and December brings a sense of completion and fulfillment.

### ***Stedman, your Personal Year for 2010 is 3***

This is a year of expansion and personal growth, Stedman. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events.

More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus.

It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself with upbeat and positive people.

Stedman, you may travel more than usual, which in all likelihood will be filled with exciting people and pleasure.

Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

Love is in the air.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

### ***Your Personal Year's compatibility for 2010 is 6 and 3***

Stedman and Oprah, this is a time of strong feelings for both of you. Although inspired by different motives, you are drawn to each other and feel closer than usual. For Stedman, this is in part the result of seeing more clearly the importance of everything not related to career or finances: family, friends, social activities, and so forth. For Oprah, the driving force right now is simply the heart. For both of you, the priorities shift somewhat towards the joy of living, towards things away from the daily grind.

A possible danger lies in the fact that Oprah needs more attention than usual during this time, while Stedman requires less attention and would rather devote more time to people and activities outside the relationship.

### ***Oprah, your Personal Year for 2011 is 7***

Oprah, you will experience a strong tendency to spend more time alone, to delve inside and find some answers and to reach a better understanding of yourself. This is not a year for social activities nor is it a year to try and reach goals on a material level. You will find that the necessities of daily life seem to be taken care of by themselves. There is no need to be overly concerned regarding your material needs. Without slacking on your daily duties and responsibilities, you can afford to give more attention to yourself. This is a year for inner growth. It is your spiritual and mental presence that requires attention. Improve the quality of your life, read, contemplate and gain insight in yourself. You are important now. Rest and attend to your health. It is during this year that you strengthen the foundation of your life, after all your success in all matters rests upon the strength of your inner self. There will be many strange and unusual events inspiring you to take a closer look at life and an opportunity is there to experience the joy and beauty of life without any artificial or exterior involvement but purely the growing awareness of yourself. Too much concern and desire for material rewards, Oprah, will turn this period of your life into a very bad experience indeed, while a "let go and let god " attitude will make this such a fruitful and pleasant year that you may find yourself wondering what you did to deserve this.

#### ***Stedman, your Personal Year for 2011 is 4***

This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals.

Stedman, your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel.

You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility.

You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long.

Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful.

This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment.

January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. Stedman, you may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

### ***Your Personal Year's compatibility for 2011 is 7 and 4***

Stedman and Oprah, partners often find themselves distancing from each other during the combination of cycles you are presently going through. You may find that this also applies to you. However, this is not a result of lessened interest in each other, but of the fact that your cycles are focused in different directions. For Stedman, this is a time of grounding and dealing with mundane and practical matters, often experienced as frustrating and boring. For Oprah, this is a time of inner search, daydreaming, and quiet contemplation, a time of doubts and questions, and a time of learning about the self. So, it is not difficult to see how the influence of your cycles can create some distance and a lack of communication.

Keep in mind that this is not per se a negative development, as long as you don't try too hard to force yourself into your partner's world.

## **PERSONAL MONTHS**

### ***Oprah, your Personal Month for January 2009 is 6***

Oprah, January is a 6 Personal Month in a 5 Personal Year. All during this month the focus is on your attitude towards friends, co-workers, and family members. You are in a position to improve relationships in all areas. You are warm-hearted and more outgoing than usual. Others are attracted to your optimistic disposition and several people close to you will come to you for advice and comfort.

The month may bring a turbulent new relationship into your life. The initial

introduction may start off a little awkward, even cause some friction. You will need to be tolerant and understanding. Even if you feel sure that your point of view is correct, a hardheaded, stubborn approach is not beneficial.

On the contrary, the true purpose of this conflict is an opportunity for you to reach out and earn the appreciation and respect of this person by freely demonstrating your own.

Other, more practical changes are also in the picture. Many will make changes in their office, residence, or work routine.

Oprah, you may get some strong signals that your career may receive a boost in the very near future, which only buoys your optimism.

If you are single, this is an excellent month to be social and meet new people.

### ***Stedman, your Personal Month for January 2009 is 3***

Stedman, January is a 3 Personal Month in a 2 Personal Year. Hence, the month brings you optimism and energy. The drive and enthusiasm that emerged during the second half of last year is still with you, along with a certain caution born of inner change and the emotional ups and downs that arose during the previous 18 months.

You're aware of your need for support, cooperation, and advice. And this month, you find yourself establishing closer ties and better communication among those with whom you live and work.

Stedman, you are also reflective and relaxed. Take time to play and laugh. Reach out to friends and loved ones. Communicate your ideas freely. You and your plans will be supported, which will heighten your optimism about the future.

Romance is an important part of this months' experiences, and the chances are good that you may meet someone special.

### ***Your Personal Month's compatibility for January 2009 is 6 and 3***

Relationship compatibility of Personal Month cycles can have a powerful effect. But keep in mind: the cycle is short. So, if you run into turmoil, it helps to remember that it is in the nature of a cycle to be only temporary.

Note: The compatibility between cycles is repetitive, as is the nature of cycles. While the influence of Personal Month cycles represented by the same number, can vary greatly depending on the yearly cycle, the compatibility aspect changes

very little. You will therefore find that the compatibility description is the same when, for example, a 3 and 4 Personal Month combination is found in a 5 year, as when it is found in a 6 year.

Therefore, you will find that the possible influence of your Personal Month cycles never repeats itself within any one-hundred-and-eight-month period. However, the compatibility aspect repeats much more often - generally every nine months - but sometimes even less than that, depending on your Personal Year cycle.

Stedman and Oprah, this is a time of strong feelings for both of you. Although inspired by different motives, you are drawn to each other and feel closer than usual. For Stedman, this is in part the result of seeing more clearly the importance of everything not related to career or finances: family, friends, social activities, and so forth. For Oprah, the driving force right now is simply the heart. For both of you, the priorities shift somewhat towards the joy of living, towards things away from the daily grind.

A possible danger lies in the fact that Oprah needs more attention than usual during this time, while Stedman requires less attention and would rather devote more time to people and activities outside the relationship.

### ***Oprah, your Personal Month for February 2009 is 7***

Oprah, February is a 7 Personal Month in a 5 Personal Year and finds you more inwardly focused. Self-reflection and contemplation bring spiritual clarity and growth. At the same time, your career improves and you manage to impress important people. Doors that have been closed open and offer access to opportunities. Financially, this month may also show some progress but the emphasize is more on opportunities and your ability to take advantage of them.

Warnings are justified in two areas. Your dynamism and excitement may cause you to be somewhat insensitive at times. Also, you would rather plan and discuss future endeavors than to put forth the effort required to take full advantage of current opportunities.

Key-words to make this month a success are caution and discipline.

If you are married or otherwise committed, you may feel a little distant from your partner. This is temporary and does not require any special attention. If you are single, romance is not a high priority.

Minor health problems that have not been treated may come to the foreground.

This is a good month to apply discipline to your eating habits and to step-up your exercise regimen.

***Stedman, your Personal Month for February 2009 is 4***

Stedman, February is a 4 Personal Month in a 2 Personal Year. You will realize early this month that progress depends upon your willingness to work diligently and remain focused on details.

You feel capable and confident, but as your effort increases -- and the hours pile up -- you may become frustrated with the slow response of others. Keep your nose to the grindstone, and if necessary put in overtime. Don't try to dodge the bullet; bite down on it and keep going.

Meanwhile, be willing to cooperate, listen to others, and tactfully communicate your convictions, as well as your doubts.

This is an excellent month to improve your financial position, particularly through better management. Through your consistent and patient effort, a raise or profitable business deal is also in the cards.

Relationships tend to be a little shaky for most of this month. Stedman, you may be somewhat irritable and lack patience as a result of stress and emotional turmoil in your work-environment.

Maintaining a well-ordered environment and avoiding procrastination will help you bypass much emotional stress.

***Your Personal Month's compatibility for February 2009 is 7 and 4***

Stedman and Oprah, partners often find themselves distancing from each other during the combination of cycles you are presently going through. You may find that this also applies to you. However, this is not a result of lessened interest in each other, but of the fact that your cycles are focused in different directions. For Stedman, this is a time of grounding and dealing with mundane and practical matters, often experienced as frustrating and boring. For Oprah, this is a time of inner search, daydreaming, and quiet contemplation, a time of doubts and questions, and a time of learning about the self. So, it is not difficult to see how the influence of your cycles can create some distance and a lack of communication.

Keep in mind that this is not per se a negative development, as long as you don't try too hard to force yourself into your partner's world.

### ***Oprah, your Personal Month for March 2009 is 8***

Oprah, March is an 8 Personal Month in a 5 Personal Year. It is a time to be careful in all financial matters. Issues involving money take center stage. More people go bankrupt or make a killing during this period than with almost any other number combination. Now, especially, you are required to balance the material and the spiritual. If you are considering a major purchase that involves long-range financing -- such as buying a house or a car -- but you question whether you can fulfill the obligation, you would do well to wait until the second half of May before acting.

The worlds of work and personal relationships require opposite approaches this month. A certain amount of aggression in career and business matters is favorable. Promote your ideas.

Put out effort. Work harder and longer than is required. On the other hand, your personal life requires patience and understanding -- both of others and yourself. You may want to clear the air between you and a loved one, but you have difficulty overcoming your fear of being misunderstood. Or perhaps you are not clear about what you feel. Try putting your thoughts on paper first to achieve a higher degree of clarity.

### ***Stedman, your Personal Month for March 2009 is 5***

Stedman, March is a 5 Personal Month in a 2 Personal Year. It brings some relief from last months' frustrating efforts to persuade others and to keep track of the details.

This month will be hectic with some unexpected changes. Don't try to plan everything down to its final detail. Instead, be flexible and adapt to whatever comes your way.

The expression "being in the flow", is instructive for most of this month and you will be astonished by coincidences in which timing is crucial. Don't make financially risky decisions, especially involving business. Checking and double-check all your facts before going forward with your plans. Be skeptical! However, your ability to promote yourself, your plans, or a product is enhanced.

There will be many social events and opportunities. Take advantage of them. The chances of meeting new people who can support you in your endeavors are especially good.

A letter or phone call from someone you haven't heard from in a long time may

surprise you.

It's high noon for romance, but be warned. You may not be as discriminating and cautious as you should be. Allow your rational mind to take a critical look at flattering admirer(s).

### ***Your Personal Month's compatibility for March 2009 is 8 and 5***

When it rains, it pours, Stedman and Oprah. This is a time when neither one of you will find it easy to keep up with your partner. Stedman has a lot going on, juggling more balls than usual. Oprah is experiencing strong ambitions and visions of what can be accomplished and how many opportunities there really are. With very different energies currently influencing you, Stedman and Oprah, there is not much room to sit down and simply enjoy each other's company. That's okay, though, because you will get plenty of that in the next cycle, when you both shift your focus towards family, friends, and each other.

Stedman, your cycle brings a lot of change, but it will take time to sort it all out, and several other cycles will go by before you will be able to see clearly the lasting effect of these changes. Oprah, your cycle may, in the end, put your next goal or goals sharply in focus. It could be said that Stedman's energy is like molecules bouncing all over the place, establishing boundaries and discovering space, while Oprah's is more sharply focused on a particular point.

The most common mistake couples in this combination of cycles make, is to try to make each other see the world through each other's eyes. The only result will be frustration and mutual limiting of potential if you go that route. This is a time when you have to allow each other to do exactly what each of you wants to do, without having to explain too much or to account for your actions.

### ***Oprah, your Personal Month for April 2009 is 9***

Oprah, April is a 9 Personal Month in a 5 Personal Year. It brings a certain amount of completion in both your personal life and career. It is time to let go and prepare for new adventures. It is necessary to keep a close eye on the details, particularly those related to your finances. Check your bank balance regularly and make sure you save the receipts for deposits and other transactions.

There are indications of up-coming changes in your work environment; you are in the unique position to move to the spotlight. Self-promotion is favorable. You are a little more emotional and vulnerable and may have a tendency to make mountains out of molehills, however.

Someone you care about is leaving, being transferred, or going on a long trip. Social events make this a hectic month and a certain amount of moderation and discipline is needed.

### ***Stedman, your Personal Month for April 2009 is 6***

Stedman, April is a 6 Personal Month in a 2 Personal Year. Matters of the heart come to the foreground.

Romance is now at the top of your list of opportunities.

On the other hand, the month brings instability to outdated relationships, and some may end. You become aware of the need to let go of certain people, although final good-byes may not occur until July or early August of this year.

Stedman, your family and friends need more attention and you will likely find yourself playing the roles of mediator, comforter, and counselor. You'll be the one to offer the proverbial shoulder to cry on this month. A younger person, particularly, needs your love and attention.

Your career is guided favorably by the Force. There is an increase in your workload and responsibilities due to a promotion -- or one that may be in the offing. The change may well bring financial rewards.

This is a good time for finances, particularly those related to real-estate.

### ***Your Personal Month's compatibility for April 2009 is 9 and 6***

Strange as it seems, this is considered a very compatible combination of cycles precisely because this is a difficult and emotional time for Oprah.

Stedman is more devoted and committed to the relationship during this period and that is exactly what Oprah needs; tender loving care and strong commitment.

Oprah may well feel that the world is crumbling, or that expectations have not been met. Mood swings and doubts can play havoc with a person's life during a nine period. Stedman, on the other hand, is more stable and will be happy to be in a position to offer comfort and strength. Oprah, you may find yourself relying heavily on Stedman, in particular on an emotional and spiritual level.

Much will depend on Stedman's ability to offer support and comfort, but an important and positive ingredient Oprah brings in, is moments of clarity and enhanced perspective, born from an urgency to understand what is going on and where to go next. When it comes to examining the future, the goals and expectations you share, and what is needed to reach these goals, Oprah can be a

source of inspiration. After all, it is when we feel as if the rug is being pulled from under our feet that we realize what we need to do to survive. Like adrenaline for the soul, the moments of fear and anxiety Oprah may experience, are also the moments we can see clearly what we need to do and how we need to do it.

***Oprah, your Personal Month for May 2009 is 1***

Oprah, May is a 1 Personal Month in a 5 Personal Year. It brings a sense of freshness or a new beginning in your personal life and career. You are more energetic and decisive than last month; this will help you cope with the hectic pace this month brings. This is a time of opportunity and the need to adapt quickly. You have been selected to play an important role in some new endeavor. This is an opportunity to move your career forward but it requires courage and the willingness to sacrifice some short-term goals.

Financially, this is a dangerous time because of the tendency to splurge.

If you are single, you may well be introduced to someone very interesting and attractive. If married, romance is rekindled. Still, new romantic relationships started under this number combination tend to burn out quickly. The attraction is physical and immediate, but may falter as soon as it is put to the test. Even if you are already committed you may well find yourself eye to eye with someone very attractive, in which case you may have to show considerable restraint in order to avoid a situation you may later regret.

***Stedman, your Personal Month for May 2009 is 7***

Stedman, May is a 7 Personal Month in a 2 Personal Year. The combination leads to powerful self-discoveries and intuitive perceptions. It is a highly spiritual time, causing you to withdraw from the hustle and bustle of daily life. Your focus is inward. You find yourself contemplating the mystery of your own existence, your purpose in life, and your direction.

You find yourself taking time off to read, meditate. Your interests are spiritual, not worldly. It's an excellent time to take a vacation, as long as you avoid group-activities.

Social demands will make you irritable and out of sorts. Be with yourself or enjoy meaningful discussions with someone close to you. In this way, you may deepen your marriage or romantic relationship.

It is a time for wisdom and insights, even premonitions and revelations that have little to do with intellectual effort, but are the result of heightened awareness

and a free-flowing channel between your sub-conscious and your conscious.

Be particularly alert to your dreams and the direction and insight they offer.

### ***Your Personal Month's compatibility for May 2009 is 1 and 7***

The challenge in the relationship between these two cycles is to maintain the feeling of belonging. There are big differences between the way the one cycle and the seven cycles affect you, Oprah and Stedman, but one thing they have in common is that both cycles increase the awareness of independence and individuality. In other words, Oprah and Stedman, both of you will kind of feel your selves distancing from the relationship, which is not per se bad. In fact, it may add to the longevity of your relationship. However, if your expectations are that you will spend a lot of time together, share everything, and that nothing will change, your expectations will not be met.

The wise thing to do is to accept the fact that you will move apart somewhat during this period. It is temporary and necessary for your personal growth.

Oprah, you should focus on your career and goals. For Stedman, the focus is more inward, towards spiritual and mental growth. Stedman is going through a period of self-discovery and needs time alone. Oprah has opportunities for progress and needs to take advantage of that. As you can see, your individual needs demand that you pay less attention to your partner and more to your selves. This may make you feel as if the relationship were weakening. That is not the case, unless you turn it into an issue. If you simply accept the fact that your partner's attention is focused elsewhere, you will find that this period offers growth to both of you as individuals, and does not do that at the cost of the relationship.

### ***Oprah, your Personal Month for June 2009 is 2***

Oprah, June is a 2 Personal Month in a 5 Personal Year and it enhances your insight into the motivations and emotions of others. You play the role of counselor several times this month. Your intuitive powers are also enhanced, but this does not extend to money matters. It's not a good time to take financial risks.

There are changes taking place in many areas of your life this year, and the general instability is felt strongly this month.

Study and reading are more favorable, especially when related to your career. The focus is on relationships at work and at home. You need to trust others enough to open up your heart and reveal your deeper feelings. This is a good time to release some bottled-up feelings.

Romance also plays an important role this month, particularly if you are involved in a relationship that originated fairly recent. Oprah, your enhanced sensitivity and intuition helps you to see the deeper meanings and values, which make the relationship stronger or....cause a permanent break. A critical issue here, is your ability to express your true feelings. Communicate!

An unexpected invitation to visit a friend or relative in some distant town may inspire you to pack your bags and go. This will turn out to be beneficial.

***Stedman, your Personal Month for June 2009 is 8***

Stedman, June is an 8 Personal Month in a 2 Personal Year. Now the time is ripe to reach out and receive some of the fruits of your labors. It is a harvesting time, but the rewards are still dependent upon good relations with co-workers. Ask for a promotion, or a raise. Let those in the right positions know that you value the recognition and respect they bestow upon you.

You are in the right state of mind to deal with some tricky personality-clashes; solve communication problems; turn enemies into friends; and in many ways manipulate events through gentle persuasion. The numbers 2 and 8 allow you to handle sensitive issues with tact and diplomacy, as well as with authority and decisiveness. It is a good time for negotiations in every area of your life, personal as well as professional.

Romance is very favorable, but can be spoiled by money issues. On the other hand, domestic affairs can be troublesome and can leave you feeling powerless unless you are willing to cooperate.

Leave such issues alone for now. The domestic scene is better handled next month, when all dealings with relatives are easier and smoother.

***Your Personal Month's compatibility for June 2009 is 2 and 8***

Oprah and Stedman, this is a difficult combination of cycles. Your priorities are not aligned. For Oprah, the relationship and all matters of the heart are important at this time. Emotional turmoil is right around the corner. And it won't take much to turn that corner. More sensitive than usual and vulnerable to criticism, perceived neglect, and lack of attention, Oprah may be quite demanding in that regard.

For Stedman, the relationship takes second, or perhaps third place at this time. Stedman's focal point is everything around the relationship. From friends to

career, and from family to finances, Stedman wants to heal and improve everything that surrounds and sustains the relationship, but in the process may not pay much attention to you, Oprah.

In addition, Stedman may feel that Oprah does not carry enough weight, when in fact Oprah's energies are simply directed elsewhere. As you can see, this combination of cycles offers opportunities galore for misunderstandings and disagreements. It is likely that you will experience some rough spots, but it is also likely that at the end of this period you have both brought something to the relationship; Stedman will manage to make improvements in areas outside the relationship while Oprah will strengthen the relationship on a deeper level.

### ***Oprah, your Personal Month for July 2009 is 3***

Oprah, July is a 3 Personal Month in a 5 Personal Year. Money matters come to the foreground; debts are called in and close attention should be paid to your bank account.

Your ability to influence the ideas and opinions of others works in your favor and may create a new source of income.

This is also a good time to promote yourself. If you have considered upgrading your resume or trying out for that new position you have been considering, now is the time to do it.

A career change is also possible as a result of outside forces. You are more creative.

You feel somewhat restless and impulsive and are willing to take risks for the sole reason that you need a change. There is a tendency to be somewhat scattered and even a little irresponsible during this cycle.

Oprah, your domestic environment also becomes a source of restlessness and you may have to guard against irrational behavior from your side. At the same time, you reach out to old friends and relatives you have not been in touch with for some time.

Your emotional state is a little turbulent causing you to be moody. Try to maintain equilibrium. This is a month to be somewhat detached from the events and circumstances surrounding your life. Don't take yourself too serious, and, if possible, take some time off for a vacation. It's a good time to recharge your batteries.

### ***Stedman, your Personal Month for July 2009 is 9***

Stedman, July is a 9 Personal Month in a 2 Personal Year and is both emotional and demanding. This is a month to take care of loose ends. Relationships that have been rocky of late will reach critical mass, to be worked out and deepened, or separated entirely. Actually, this is a testing period for relationships in all areas of your life. The 9 and the 2 combination -- both diplomatic, sensitive, and service oriented -- advises that you avoid confrontations. Work with issues quietly and patiently.

At the same time, it is an excellent period to look inward and acknowledge your own needs and desires. Let go of all that you have outgrown, including people, situations, material objects -- anything that you have out-grown. This month is your opportunity to avoid becoming an emotional and/or material packrat. This is the time to empty your cup in order to make room for new gifts coming your way.

This is a transition period. Stedman, you will likely experience deep emotions, even nostalgia and melancholy. At times, you may feel exhausted. Yet, such feelings are not altogether unpleasant. There is a cleansing and healing taking place at a very deep and personal level.

You are not entirely conscious of all that is happening, and consequently you may not be able to express your feelings to others. You may sense that you do not fully understand yourself. Give it time and much will be revealed to you.

An opportunity to be involved in a good cause may present itself and your sacrifice will actually help you achieve stability and inner strength.

This is a good time financially. Some payment may be received for something you'd forgotten, or for reasons you do not expect.

This is a month that requires balance: you are feeling emotional yourself, but at the same time you must also focus on the needs of others. If you indulge too much in your own feelings, especially self-pity, you will suffer more self-doubt than if you remain balanced between your own needs and service to others.

### ***Your Personal Month's compatibility for July 2009 is 3 and 9***

Oprah and Stedman, this combination of cycles is quite compatible and it often gives birth to new ideas and plans for the future. You are both experiencing a time of enhanced creativity. You may plan to remodel the house, buy new furniture, or otherwise change and improve the environment you share.

Stedman, however, is also experiencing a challenging time of powerful emotions. Stedman is on shaky ground and needs a stable environment as well as Oprah's support and confidence. Oprah is more upbeat and optimistic than usual and can be a much-needed source of comfort for Stedman. Although this does not look

like an ideal situation to make changes such as planning a remodel or buying new furniture, it is in the making of such plans and the creative process that Stedman's need to feel secure is enforced.

Oprah should be aware that Stedman is not as grounded as usual right now and some patience may be prudent. For Stedman, this is a time of choice and decisions - but on a deep, even subconscious level. Nothing is clear. Nothing is simple. During this combination of cycles much depends on Oprah's ability to be a source of strength and comfort for Stedman. Oprah and Stedman, the nine-cycle is always the most challenging time for anyone, while the three-cycle is considered one of the easiest and most pleasurable. For that reason, you are lucky to have this combination whereby Oprah, with the three-cycle, can support Stedman during the time the nine dominates.

### ***Oprah, your Personal Month for August 2009 is 4***

Oprah, August is a 4 Personal Month in a 5 Personal Year. Your career may be demanding and a bit frustrating. You need to attend to routine matters, some of which may be boring. This is not a time to slack. Don't procrastinate. Commit to your responsibilities and see projects through to completion.

This month could bring a welcome opportunity on the job front, but your success will depend upon your willingness to stand up for yourself, to take charge of circumstances, and refuse to be victimized by outside events. You need the courage to stand up for your beliefs, to "do the right thing."

Make important changes in your life. Such as start a diet and/or exercise regimen, quit smoking, dedicate yourself to a good cause, and reconnect to your higher spiritual values. This is the month to make fundamental and positive long-term changes in your life.

It's important to demonstrate to those around you that you are dependable and can be relied upon. This affects both your work and love life. You will impress all of those around you with your sense of duty and trustworthiness.

### ***Stedman, your Personal Month for August 2009 is 1***

Stedman, August is a 1 Personal Month in a 2 Personal Year. It brings new energy and a kind of restoration of life. There is a feeling of rebirth, excitement, a brightness in the air that wipes away the last residues of last month's bouts of gloominess and self-doubt. You want a change, a challenge, some goal toward which you can direct your enthusiasm.

Well, that's what this month will bring. A new project, career change, something new. Keep in mind, however, that you are planting seeds now that must be nurtured and cultivated over the next year or so. In other words, you must remain focused on this dream to nurture it properly over time.

Don't take chances financially. Your optimism may make you impulsive and vulnerable. Remain cautious and research all propositions brought to you.

Stedman, you likely will be introduced to new people and, if you are not already involved, one of them may evolve into a passionate romance. Here, also, the careful approach can save some future heartache. The child in you is very much alive, trusting and believing that everything is what it seems.

While this is a very promising time for romance, keep in mind that a certain amount of rational examination is necessary to protect yourself. Wait until the end of next month before you surrender your heart to the person you are attracted to.

### ***Your Personal Month's compatibility for August 2009 is 4 and 1***

Stedman and Oprah, as a rule of thumb, the one-and-four combination, when found in this part of the progressive chart, is not compatible. Although both cycles represent strong drive and motivation, as well as a need to apply and put forth effort, they express it very differently. Stedman, you are motivated in large part by enthusiasm, dreams, hope and a can-do attitude. Oprah, your drive is born from frustration and the feeling that you need to break out of a shell that has for too long limited and restricted you. Your frustration may become worse before it gets better, Oprah, and your challenge is not to let it vent itself towards the people you love and care for. The four cycle is never an easy one, but, in the end, it invariably brings progress and a breakthrough of some kind. So, Oprah, have faith in that and just keep going.

Stedman, don't get impatient with Oprah's doubts and frustration. Remember that this is a time of opportunity for you, and that is what you should go for. Just focus on your goals.

### ***Oprah, your Personal Month for September 2009 is 5***

Oprah, September is a 5 Personal Month in a 5 Personal Year. The hectic pace of last month continues. However, the nature of activities is quite different. You are challenged to keep up with events and influences that, at times, appear out of your control. If you can be flexible and adaptable, you will cruise through this month comfortably and successfully. Let old plans, expectations, and concepts go.

Otherwise, stress may take a physical toll.

If you are willing to take the changes in stride and "go with the flow", you will find yourself in a better position in career as well as personal life by the end of this month.

This is an adventurous, dynamic, and progressive time, with less focus on details and routine stuff. Social events and romantic adventures highlight the month. The word "adventure" is the operative word: few romances that begin during this time have the emotional depth and substance needed to survive the test of time. However, any relationship begun now still has much to teach you about life and love, so be open to all the possibilities.

Be warned, however. Oprah, you may have a tendency for over-indulging your senses this month. Moderation is wisdom.

Your health may cause you some concern. In most cases, this is the body reacting to changes that have taken place during the course of this year and are only temporary. If problems persist, seek the advice of health counselor or physician.

### ***Stedman, your Personal Month for September 2009 is 2***

Stedman, September is a 2 Personal Month in a 2 Personal Year. The number 11 -- referred to in numerology as a Master number, and therefore highly charged, sensitive and intuitive -- is also prominent in your life now. You are extremely perceptive.

Dreams are full of insight, and seemingly irrational and creative ideas should be examined seriously. Your most powerful asset right now is your inner antenna that is picking up vibrations that escape others.

Your relationship with co-workers is fragile, but this is due largely to your enhanced sensitivity. Don't take your emotions too serious. Increased sensitivity magnifies and exaggerates emotions. If you fixate too much on them, you'll do yourself a disservice. Overlook slights and let things pass without retort. People will come around.

Romance is still strong, but you must remain realistic. Last months' excitement and infatuation has given rise to self-examination. As with co-workers, long-term relationships and friendships are fragile right now. Again, be skeptical of your emotions; it's quite possible that you are making mountains out of mole hills.

Cooperation, tact, patience, tolerance, and forgiveness are the key-words to make this month pleasant and successful.

***Your Personal Month's compatibility for September 2009 is 5 and 2***

Oprah and Stedman, the influences and compatibility of this month's cycle are already incorporated in the compatibility as described in the section of this year's Personal Year cycle. An analysis of this month's compatibility is therefore redundant. You may, however, want to take another look at the description of the compatibility of this year's Personal Year cycle, keeping in mind that the compatibility for this month will reflect the same influences.

***Oprah, your Personal Month for October 2009 is 6***

Oprah, October is a 6 Personal Month in a 5 Personal Year. It brings stability to the dynamic changes the year has presented. Expect increased responsibility, recognition, and perhaps a raise or promotion.

This month shifts the focus to relationships with family and friends. You share greater closeness with loved ones and may find yourself giving and receiving comfort and advice. Loyalty and trust are fundamental to your well being this month.

If you are unwilling to trust or abuse the trust of someone else, you could experience the break-up of a relationship. Share your feelings.

If you are single, a new and lasting romance is possible.

If you already have a relationship, this is the time to commit. All affairs of the heart are positively highlighted. Health problems will also take a turn for the better.

***Stedman, your Personal Month for October 2009 is 3***

Stedman, October is a 3 Personal Month in a 2 Personal Year, and you need a break. If possible, take some time off to recharge your batteries. You need sunshine, relaxation, fun, and laughter with friends. The only career aspects that are favorably highlighted are those related to creativity, and inspiring and motivating those with whom you work. It's a good time to express the thoughts and ideas that you've been thinking about for the past several months. You can make a favorable impression on superiors, even with ideas that are a little daring.

Avoid stress and working under pressure now. The next five months give you the strength to survive and even prosper under pressure, but avoid stressful situations this month.

Postpone important financial decisions if possible, unless they have to do with

"fun projects", such as travel, exercise equipment, creative endeavors, and the like. A modest amount of gambling can be healthy and has a better chance of paying off this month than most other months.

Romance is light and playful. Again, postpone important decisions in the area of romance.

***Your Personal Month's compatibility for October 2009 is 6 and 3***

Stedman and Oprah, this is a time of strong feelings for both of you. Although inspired by different motives, you are drawn to each other and feel closer than usual. For Stedman, this is in part the result of seeing more clearly the importance of everything not related to career or finances: family, friends, social activities, and so forth. For Oprah, the driving force right now is simply the heart. For both of you, the priorities shift somewhat towards the joy of living, towards things away from the daily grind.

A possible danger lies in the fact that Oprah needs more attention than usual during this time, while Stedman requires less attention and would rather devote more time to people and activities outside the relationship.

***Oprah, your Personal Month for November 2009 is 7***

Oprah, November is a 7 Personal Month in a 5 Personal Year and directs the focus to your inner self. Some people experience this month as lonely but it doesn't have to be.

You will be inspired to refine your understanding of your place in the universe. Spiritual growth will be of priStedman interest to you now.

Spend time considering what you are going to do with the rest of your life. Search your soul, define your priorities, and plan your future. Study and read and think.

You are observant and insightful.

Put romance, career, and financial matters on the back burner this month. There will be plenty of time for that later. If you direct all your effort toward honest self-confrontation, your future progress will be insured.

***Stedman, your Personal Month for November 2009 is 4***

Stedman, November is a 4 Personal Month in a 2 Personal Year. It's definitely time to get down to business, to focus on work, and finish anything that's been left

undone. Pay attention to the details; don't procrastinate; don't cut corners. Get the picture?

You are laying a foundation for the future, proving to yourself and others that you are worthy of the responsibilities and challenges you have taken on.

Your energy is strong and focused. You can concentrate even when work becomes routine and boring. You are in a crucial stage in your life, but you've got the energy and a take-no-prisoners attitude that will lead you to success.

The best way to balance such determination is to get in touch with nature: take a walk in the woods; sit at the edge of the lake; feel the earth and your connection with it.

If you have recently become involved in a romance, this month will bring commitment and stability to the relationship.

### ***Your Personal Month's compatibility for November 2009 is 7 and 4***

Stedman and Oprah, partners often find themselves distancing from each other during the combination of cycles you are presently going through. You may find that this also applies to you. However, this is not a result of lessened interest in each other, but of the fact that your cycles are focused in different directions. For Stedman, this is a time of grounding and dealing with mundane and practical matters, often experienced as frustrating and boring. For Oprah, this is a time of inner search, daydreaming, and quiet contemplation, a time of doubts and questions, and a time of learning about the self. So, it is not difficult to see how the influence of your cycles can create some distance and a lack of communication.

Keep in mind that this is not per se a negative development, as long as you don't try too hard to force yourself into your partner's world.

### ***Oprah, your Personal Month for December 2009 is 8***

Oprah, December is an 8 Personal Month in a 5 Personal Year and will be rewarding in many areas of life. This is a good time for business and money matters. But don't indulge in spending money to impress others or flaunt your success.

The 8 Personal Month brings balance in all material matters. Expect some recognition in your working environment, perhaps a bonus or promotion.

This is an excellent time to promote some of your ideas or any other input you have in relation to your career.

Romance is favorable too. Express your love. You will be more attractive than usual to members of the opposite sex.

***Stedman, your Personal Month for December 2009 is 5***

Stedman, December is a 5 Personal Month in a 2 Personal Year and brings changes and restlessness. You feel a need to be with others, to be social, to laugh and talk and enjoy yourself.

You receive opportunities to travel and will meet a new and exciting person on a trip away from home. This person inspires and motivates you to try something new, to get off the beaten path and take a chance.

This is a month that could bring quite a few surprises, most of which invigorate you. It is a dynamic time that brings information and knowledge from unexpected sources. You want change. You are ready to try a new direction, which causes you to see your career with new eyes. You are in an adventurous mode and willing to take a risk.

This month requires courage and flexibility. There are new opportunities awaiting you and it is up to you to prevent them from slipping by.

Stedman, your love relationship is in a vulnerable state and some suppressed anxieties need to be released. You are somewhat impulsive and may need to force yourself to slow down. You experience a bit of self-indulgence. There is a need for self-discipline.

***Your Personal Month's compatibility for December 2009 is 8 and 5***

When it rains, it pours, Stedman and Oprah. This is a time when neither one of you will find it easy to keep up with your partner. Stedman has a lot going on, juggling more balls than usual. Oprah is experiencing strong ambitions and visions of what can be accomplished and how many opportunities there really are. With very different energies currently influencing you, Stedman and Oprah, there is not much room to sit down and simply enjoy each other's company. That's okay, though, because you will get plenty of that in the next cycle, when you both shift your focus towards family, friends, and each other.

Stedman, your cycle brings a lot of change, but it will take time to sort it all out, and several other cycles will go by before you will be able to see clearly the lasting effect of these changes. Oprah, your cycle may, in the end, put your next goal or goals sharply in focus. It could be said that Stedman's energy is like molecules bouncing all over the place, establishing boundaries and discovering

space, while Oprah's is more sharply focused on a particular point.

The most common mistake couples in this combination of cycles make, is to try to make each other see the world through each other's eyes. The only result will be frustration and mutual limiting of potential if you go that route. This is a time when you have to allow each other to do exactly what each of you wants to do, without having to explain too much or to account for your actions.

### ***Oprah, your Personal Month for January 2010 is 7***

Oprah, January is a 7 Personal Month in a 6 Personal Year and brings stability and clarity. Your career shows promise, but there is not any promotion or practical gain just yet.

If you are involved in legal affairs or have wanted to take care of something that involves the law, this month is a good time to start the necessary procedures. You may be notified of an impending legal procedure that affects you or a loved one.

Study or read and enjoy the much needed quiet after last year's hectic pace. Domestic affairs play a major role during this year and begin now. However, you will be feeling more intellectual than emotional during this month. Tolerance and forgiveness will not come naturally and you could be a little self-righteous. Try to be more flexible.

### ***Stedman, your Personal Month for January 2010 is 4***

Stedman, January is a 4 Personal Month in a 3 Personal Year and offers opportunities for progress in your career. You are inspiring and motivating to yourself and others and know how to express your ideas. Your creativity is enhanced. You find original solutions and manage to implement them. Your co-workers and superiors are impressed. You are optimistic and light-hearted this month which further enhances your work situation.

However, you will have a tendency to be impulsive and may find yourself with your foot in your mouth. Make sure you have the information to back up any claims. You also may have a tendency to procrastinate, which can spoil opportunities and damage your career.

This is a month to be on your toes and take full advantage of a favorable combination of cycles. If you have considered remodeling or redecorating your house, or starting a gardening project, now is the time to get started.

Marriage or a romantic relationship takes on more depth.

***Your Personal Month's compatibility for January 2010 is 7 and 4***

Stedman and Oprah, partners often find themselves distancing from each other during the combination of cycles you are presently going through. You may find that this also applies to you. However, this is not a result of lessened interest in each other, but of the fact that your cycles are focused in different directions. For Stedman, this is a time of grounding and dealing with mundane and practical matters, often experienced as frustrating and boring. For Oprah, this is a time of inner search, daydreaming, and quiet contemplation, a time of doubts and questions, and a time of learning about the self. So, it is not difficult to see how the influence of your cycles can create some distance and a lack of communication.

Keep in mind that this is not per se a negative development, as long as you don't try too hard to force yourself into your partner's world.

***Oprah, your Personal Month for February 2010 is 8***

Oprah, February is an 8 Personal Month in a 6 Personal Year and may bring upheaval in family affairs or with friends. The 8 carries a powerful balancing energy and much of that will be directed to your relationships. The truth will come out and you will have the opportunity to heal relationships that have been damaged by misconceptions. Real relationships will become stronger but superficial ones will break down.

Rewards and recognition in your career will also come to you this month. Often, the 8 Personal Month/6 Personal Year brings considerable progress and financial gain.

Romance is also strongly represented. You meet an attractive person, but the challenge here is to approach the situation with sensitivity and awareness. If you come on strong, you will blow the opportunity. Focus on sensitivity and avoid the temptation to be rude at all costs.

***Stedman, your Personal Month for February 2010 is 5***

Stedman, February is a 5 Personal Month in a 3 Personal Year. It will bring changes, excitement, and perhaps some upheaval. You may move, travel, or go on an unexpected trip.

Carefully prepared plans confront the unexpected: events and people you had not expected. Those who are flexible and not afraid of changes will enjoy this

month, but those who rigidly try to stick to expectations and refuse to adapt will experience a difficult time in which almost nothing works out, no matter how hard you try.

This is a month to allow the forces of nature to guide your ship. Despite these disruptions, do not give in to impulsiveness or irresponsibility. Make the plans you can; adhere to them as well as possible, and be flexible.

Love is exciting, adventurous, and playful. You uplift your partner and reveal your deeper self. Hidden thoughts and desires that you have kept hidden during the past two years come freely to the surface. Stedman, you are open and childlike and for that reason very attractive to the opposite sex.

A word of caution for those who are uncomfortable with this kind of openness: Do not allow fear to turn this wonderful urge to share your thoughts and feelings into a superficial act.

If you have a tendency to self-indulgence, this month's cycles are dangerous. Be cautious and control your appetite for whatever excesses tempt you.

### ***Your Personal Month's compatibility for February 2010 is 8 and 5***

When it rains, it pours, Stedman and Oprah. This is a time when neither one of you will find it easy to keep up with your partner. Stedman has a lot going on, juggling more balls than usual. Oprah is experiencing strong ambitions and visions of what can be accomplished and how many opportunities there really are. With very different energies currently influencing you, Stedman and Oprah, there is not much room to sit down and simply enjoy each other's company. That's okay, though, because you will get plenty of that in the next cycle, when you both shift your focus towards family, friends, and each other.

Stedman, your cycle brings a lot of change, but it will take time to sort it all out, and several other cycles will go by before you will be able to see clearly the lasting effect of these changes. Oprah, your cycle may, in the end, put your next goal or goals sharply in focus. It could be said that Stedman's energy is like molecules bouncing all over the place, establishing boundaries and discovering space, while Oprah's is more sharply focused on a particular point.

The most common mistake couples in this combination of cycles make, is to try to make each other see the world through each other's eyes. The only result will be frustration and mutual limiting of potential if you go that route. This is a time when you have to allow each other to do exactly what each of you wants to do, without having to explain too much or to account for your actions.

### ***Oprah, your Personal Month for March 2010 is 9***

Oprah, March is a 9 Personal Month in a 6 Personal Year and is often emotional because you may have to let go of someone close to you.

You experience relationships more deeply and feel greater warmth for others. You reach out for contact and substance. Other people will also be drawn to open up their hearts and minds to you. This reflects strongly in your relationship with family and friends, but also in the work-environment. People will come to you with their problems, seeking an understanding ear and a shoulder to cry on. You feel closer to your fellow man, and because of your attractive disposition you will receive much support from others.

Good news may come from your work that will boost your self-esteem. Move slowly and carefully where romance is concerned, however, because you are not in a position to make long-range plans.

### ***Stedman, your Personal Month for March 2010 is 6***

Stedman, March is a 6 Personal Month in a 3 Personal Year. It brings family affairs and issues involving relationships to center stage. You may be asked to sacrifice some of your time and energy to help others. A parent or child may need more care and attention than usual. Answer the call and you will be rewarded with a wonderful experience of love and closeness.

Many people in the 3 Personal Rhythm Cycle will make a deep commitment of love, or even get married this month. At the same time, separation and divorce are also possible, since the theme of this month is commitment to your true feelings. Confrontations are unavoidable in all troubled relationships. While these trends may be difficult and painful, the forces are working at clarifying your relationships.

Your work situation will be rather demanding as more responsibility is transferred to you. However, the reward is right around the corner. (May and June will bring the pay-off.)

This month may be good financially, due to an earlier investment or from payments arriving from previously done work.

### ***Your Personal Month's compatibility for March 2010 is 9 and 6***

Strange as it seems, this is considered a very compatible combination of cycles

precisely because this is a difficult and emotional time for Oprah. Stedman is more devoted and committed to the relationship during this period and that is exactly what Oprah needs; tender loving care and strong commitment. Oprah may well feel that the world is crumbling, or that expectations have not been met. Mood swings and doubts can play havoc with a person's life during a nine period. Stedman, on the other hand, is more stable and will be happy to be in a position to offer comfort and strength. Oprah, you may find yourself relying heavily on Stedman, in particular on an emotional and spiritual level.

Much will depend on Stedman's ability to offer support and comfort, but an important and positive ingredient Oprah brings in, is moments of clarity and enhanced perspective, born from an urgency to understand what is going on and where to go next. When it comes to examining the future, the goals and expectations you share, and what is needed to reach these goals, Oprah can be a source of inspiration. After all, it is when we feel as if the rug is being pulled from under our feet that we realize what we need to do to survive. Like adrenaline for the soul, the moments of fear and anxiety Oprah may experience, are also the moments we can see clearly what we need to do and how we need to do it.

### ***Oprah, your Personal Month for April 2010 is 1***

Oprah, April is a 1 Personal Month in a 6 Personal Year and brings new beginnings in several areas of your life. You have more energy and are ready to implement some changes in your life. Display aggression in your career and it will progress nicely. Start new projects. Take a chance. A 6 Personal Year often brings considerable financial gain, particularly in or around the months of April or November.

This is also a time in which matters of the heart come to some kind of climax. Young lovers get married, married people re-commit, and troubled relationships either work it out or separate.

The month of April brings challenges in the area of communication. Be careful what you say and how you say it so you don't stick your foot in your mouth. Actively pursue the things you want in your career, finances, and love-life.

Romance is very positive now and more people find their soul-mate during this period than at any other time during the 9 year cycle.

### ***Stedman, your Personal Month for April 2010 is 7***

Stedman, April is a 7 Personal Month in a 3 Personal Year. The month represents a pause for self-evaluation. It is a time of light and shadow, a month of contrasting moods. You may alternate between light-hearted optimism and periods of doubt and even depression. The time requires you to look within.

Meditate and contemplate your life. Such self-reflection will awaken deep feelings of gratitude for all the blessings bestowed upon you, including the greatest gift of all: your life itself.

During the first half of the month, you may feel the inner you begin to stir. Your dreams may be intense, graphic, and highly revealing. They are a source of insight if you care to listen. There is a sub-conscious attempt to communicate, not with others but with your own deeper self.

Let career, finances, and romance all take a back seat during this important spiritual time. You will be quite safe.

If possible, take some time off. At the very least, walk in the woods, sit at a lake, or otherwise bring yourself in close contact with nature. Keep a journal and write down your dreams, insights, and revelations. They will offer you insight into your life's direction.

### ***Your Personal Month's compatibility for April 2010 is 1 and 7***

The challenge in the relationship between these two cycles is to maintain the feeling of belonging. There are big differences between the way the one cycle and the seven cycles affect you, Oprah and Stedman, but one thing they have in common is that both cycles increase the awareness of independence and individuality. In other words, Oprah and Stedman, both of you will kind of feel your selves distancing from the relationship, which is not per se bad. In fact, it may add to the longevity of your relationship. However, if your expectations are that you will spend a lot of time together, share everything, and that nothing will change, your expectations will not be met.

The wise thing to do is to accept the fact that you will move apart somewhat during this period. It is temporary and necessary for your personal growth. Oprah, you should focus on your career and goals. For Stedman, the focus is more inward, towards spiritual and mental growth. Stedman is going through a period of self-discovery and needs time alone. Oprah has opportunities for progress and needs to take advantage of that. As you can see, your individual needs demand that you pay less attention to your partner and more to your selves. This may make you feel as if the relationship were weakening. That is not the case, unless

you turn it into an issue. If you simply accept the fact that your partner's attention is focused elsewhere, you will find that this period offers growth to both of you as individuals, and does not do that at the cost of the relationship.

***Oprah, your Personal Month for May 2010 is 2***

Oprah, May is a 2 Personal Month in a 6 Personal Year and focuses on harmony and diplomacy in all relationships, including the work-environment. You are more sensitive and aware of the feelings of others than you were last month and you will be called upon to use those abilities. You will find yourself in the role of mediator/peacemaker in order to maintain harmony in the work place. Become a hard-nosed yet diplomatic negotiator. Find a balance between tact and sensitivity on one hand, and persistence and conviction on the other.

You will be able to meet these challenges and will come through with flying colors. Financial rewards will come. Keep things organized and take care of details or else you may find yourself in chaos by the end of this month. If you are involved in a legal tangle, and quite a few people in this stage of their Personal Rhythm Cycle are, you will gain some ground and find good reasons to be optimistic.

Romance is highly favored now, especially for new relationships.

***Stedman, your Personal Month for May 2010 is 8***

Stedman, May is an 8 Personal Month in Stedman, May is an 8 Personal Month in a 3 Personal Year. It brings financial rewards, as well as respect and recognition. This, of course, is proportional to the effort you have put out during the past year.

This is a month to focus on career, to be a visionary, and not to hold back when it comes to showing the world how capable you are.

For those who are in business, this is a good time to finalize deals and sign contracts. Investments are generally favorable, as are requests for loans, mortgages, or other methods of financial support. In all worldly matters, this is a time to reach out, to go for your goals. Do not be afraid to take a risk.

As far as matters of the heart are concerned, this is a time to take yourself and your feelings with a grain of salt.

Stedman, you are in a generous mode and feel blessed with so many good friends and such a wonderful lover, but when it comes to commitment, you may want to wait a couple of months when you are more realistic in these matters.

For those who are not involved in a relationship, a "co-incidental" meeting with a person from the past brings an exciting romance.

***Your Personal Month's compatibility for May 2010 is 2 and 8***

Oprah and Stedman, this is a difficult combination of cycles. Your priorities are not aligned. For Oprah, the relationship and all matters of the heart are important at this time. Emotional turmoil is right around the corner. And it won't take much to turn that corner. More sensitive than usual and vulnerable to criticism, perceived neglect, and lack of attention, Oprah may be quite demanding in that regard.

For Stedman, the relationship takes second, or perhaps third place at this time. Stedman's focal point is everything around the relationship. From friends to career, and from family to finances, Stedman wants to heal and improve everything that surrounds and sustains the relationship, but in the process may not pay much attention to you, Oprah.

In addition, Stedman may feel that Oprah does not carry enough weight, when in fact Oprah's energies are simply directed elsewhere. As you can see, this combination of cycles offers opportunities galore for misunderstandings and disagreements. It is likely that you will experience some rough spots, but it is also likely that at the end of this period you have both brought something to the relationship; Stedman will manage to make improvements in areas outside the relationship while Oprah will strengthen the relationship on a deeper level.

***Oprah, your Personal Month for June 2010 is 3***

Oprah, June is a 3 Personal Month in a 6 Personal Year and an excellent time to give yourself a break. Take some time off. Enjoy yourself. Don't be too serious. This is a time of enhanced creativity and originality. Become involved in playful activities. Participate in social events. You will meet new people who offer a welcome change to the routine aspects of your life.

Your career may seem unpredictable now but will be much better next month. "Luck" in financial affairs is likely now. Romance is also favorable.

The emphasize of this month is on fun and leisure. Enjoy.

***Stedman, your Personal Month for June 2010 is 9***

Stedman, June is a 9 Personal Month in a 3 Personal Year and brings a bit of

moodiness and instability. You have completed many tasks and enjoyed many rewards during the first half of the year, and now you may be feeling a bit empty -- not unlike the fatigue one has the day after a party. It may be a minor case of burn-out, but for reasons you cannot really put your finger on. It is a time to let go of many old things and prepare for the new.

You have had a number of good ideas during the first part of the year. You have been motivated and experienced much excitement, but not all of your ideas proved realistic. Now reality forces you to take a second look at your projects and goals in a new light. It's a weeding out period.

The positive side of the coin is that, by the end of this month, you'll have a clearer perspective on your direction and projects. You'll know where to place your energy during the second half of the year. While you may find yourself going through some ups and downs during the course of this month, you also feel the first trembling of new excitement.

This month also brings a concluding chapter to one or more relationships, which may cause additional emotional turmoil. However, you are going through a time of natural selection; what is worth holding on to will stay. The rest will go.

### ***Your Personal Month's compatibility for June 2010 is 3 and 9***

Oprah and Stedman, this combination of cycles is quite compatible and it often gives birth to new ideas and plans for the future. You are both experiencing a time of enhanced creativity. You may plan to remodel the house, buy new furniture, or otherwise change and improve the environment you share.

Stedman, however, is also experiencing a challenging time of powerful emotions. Stedman is on shaky ground and needs a stable environment as well as Oprah's support and confidence. Oprah is more upbeat and optimistic than usual and can be a much-needed source of comfort for Stedman. Although this does not look like an ideal situation to make changes such as planning a remodel or buying new furniture, it is in the making of such plans and the creative process that Stedman's need to feel secure is enforced.

Oprah should be aware that Stedman is not as grounded as usual right now and some patience may be prudent. For Stedman, this is a time of choice and decisions - but on a deep, even subconscious level. Nothing is clear. Nothing is simple. During this combination of cycles much depends on Oprah's ability to be a source of strength and comfort for Stedman. Oprah and Stedman, the nine-cycle is always the most challenging time for anyone, while the three-cycle is considered one of the easiest and most pleasurable. For that reason, you are lucky to have this

combination whereby Oprah, with the three-cycle, can support Stedman during the time the nine dominates.

***Oprah, your Personal Month for July 2010 is 4***

Oprah, July is a 4 Personal Month in a 6 Personal Year and it is a time to seriously apply yourself to your duties and responsibilities. Take charge in home, career, and community affairs. Be patient and apply yourself to routine and details diligently. Organize your personal life and your career. Tie up loose ends. Start projects that will improve your living situation such as repairing the house or starting a garden.

Someone in your circle of friends and relatives needs help. Usually, this is a younger person who has not yet found stability or purpose in life.

This month may well bring an excellent opportunity in your own career. Focus on legal affairs. Discipline and effort are the key-words for this month.

Romance takes a more serious turn. Expectations are expressed and commitments made.

***Stedman, your Personal Month for July 2010 is 1***

Stedman, July is a 1 Personal Month in a 3 Personal Year. It is a time of dynamism, courage, and eagerness to begin the new. Last month's blues are gone and you feel you are on top of the world. You are more original and creative than at any time of this already creative year.

Many of those in a 3 Personal Rhythm Cycle may finally break out of unrewarding patterns. Some may even make career changes, or start their own businesses. This is not a time to be squeamish in any area of your life -- be it money, career or romance. You may experience an urge to write, paint, or express yourself in some other creative way. By all means, take on the challenge.

If you are not already involved, you may well meet someone special, but the relationship, while intense and passionate, may not be a lasting one.

This is a month that will also bring opportunities to mingle with new acquaintances at social events. You will be outgoing and witty. These are great opportunities to make lasting contacts which will help your career and other endeavors.

A warning to the easily excitable: don't brag about your plans and accomplishments. The effect may backfire.

***Your Personal Month's compatibility for July 2010 is 4 and 1***

Stedman and Oprah, as a rule of thumb, the one-and-four combination, when found in this part of the progressive chart, is not compatible. Although both cycles represent strong drive and motivation, as well as a need to apply and put forth effort, they express it very differently. Stedman, you are motivated in large part by enthusiasm, dreams, hope and a can-do attitude. Oprah, your drive is born from frustration and the feeling that you need to break out of a shell that has for too long limited and restricted you. Your frustration may become worse before it gets better, Oprah, and your challenge is not to let it vent itself towards the people you love and care for. The four cycle is never an easy one, but, in the end, it invariably brings progress and a breakthrough of some kind. So, Oprah, have faith in that and just keep going.

Stedman, don't get impatient with Oprah's doubts and frustration. Remember that this is a time of opportunity for you, and that is what you should go for. Just focus on your goals.

***Oprah, your Personal Month for August 2010 is 5***

Oprah, August is a 5 Personal Month in a 6 Personal Year and brings some changes in work and your personal life. It is a dynamic time and nothing goes according to plans. Play things by ear.

Your career progresses well as a result of your enhanced ability to find creative solutions. You make a good impression on some people who are in a position to reward you. There will, however, be a confrontation between you and a co-worker, with long-ranging affects. The outcome will depend on your personal strength and self-confidence.

If you are involved in business deals or legal affairs, some surprising changes may take place. In all areas of your life, flexibility and adaptability are important. Oprah, your friends and family require a lot of attention. Social gatherings are frequent and will bring new relationships into your life.

Traveling, perhaps across the ocean, is possible and favorable.

Romance is exciting. Be socially active. If you are single, you could meet someone who will be a permanent part of your life.

***Stedman, your Personal Month for August 2010 is 2***

Stedman, August is a 2 Personal Month in a 3 Personal Year. It requires a

sensitive and cooperative attitude at work and in all other areas. You are upbeat and optimistic during the early part of this month but an anticipated reward or recognition may go to someone else, much to your dismay.

Your challenge is to set the record straight by using your diplomatic skills. Do not allow anger to alienate you from those involved. Otherwise, relationships go favorably this month.

You are in a position to smooth out some long-standing disagreements between people close to you. Often, these disagreements do not involve you directly. You have the opportunity to serve as a peacemaker.

Romance is also strongly represented and highly favorable. Stedman, your feelings are strong and your ability to communicate these feelings is enhanced. A good month to spend some extra time with your lover.

### ***Your Personal Month's compatibility for August 2010 is 5 and 2***

Stedman and Oprah, the 2 and the 5 get along fine in many ways; they happily play together, love together, and enjoy each others company. At least as long as everything is in harmony. However, the moment they hit a bump in the road, the results can be disastrous.

Therefore, the trick is to avoid bumps in the road as much as possible. Strange as it sounds, this is a good time to stay on the surface, not dig too deep.

For Stedman, the enhanced emotional vulnerability typical of a 2 cycle opens the door to possible negative feelings that are out of proportion with what is really going on. A minor criticism can become a major source of discontent for Stedman. At the same time, Oprah is not as aware as usual; more impulsive, and quicker to say something without much consideration for the feelings of others. Oprah's mind is more active and less restrained. It is important for both of you to take each others remarks, especially those spoken in the heat of the moment, with a big dose of salt. Neither one of you is particularly good at expressing yourself accurately, or true to your real nature, during this time. Oprah is too quick and impulsive, Stedman is too sensitive and emotional. It will help you to keep this in mind and allow each other some leeway during this time.

### ***Oprah, your Personal Month for September 2010 is 6***

Oprah, September is a 6 Personal Month in a 6 Personal Year and forces you to deal with the issues of responsibility and loyalty. Devote your time and energy to the needs of family and community. Become involved in some sort of activity that

will benefit others financially. You will, and should be, concerned less with your own financial affairs, than with those involving others. Be selfless and generous in all areas of your life. It is a time to forgive and heal. You are highly aware of your bond with the people you love, as well as with neighbors and co-workers.

Legal affairs you might be involved in come to the foreground.

Financially, September has the potential to be very good.

Romance is shaky. Choose your words well and follow up on promises. Don't forget birthdays.

### ***Stedman, your Personal Month for September 2010 is 3***

Stedman, September is a 3 Personal Month in a 3 Personal Year for you and your creativity is at an all-time high. You find solutions and discover new ways to improve old methods.

You are communicative and express yourself well. You have a strong urge to write to old friends you haven't seen in some time. This need to re-establish relationships with people may even surprise you.

At work, you discover that it is easy to reach others and influence the way they feel about themselves and their work.

You uplift them and are rewarded with gratitude and support.

This is a time to be social, easy-going, and optimistic.

### ***Your Personal Month's compatibility for September 2010 is 6 and 3***

Oprah and Stedman, the influences and compatibility of this month's cycle are already incorporated in the compatibility as described in the section of this year's Personal Year cycle. An analysis of this month's compatibility is therefore redundant. You may, however, want to take another look at the description of the compatibility of this year's Personal Year cycle, keeping in mind that the compatibility for this month will reflect the same influences.

### ***Oprah, your Personal Month for October 2010 is 7***

Oprah, October is a 7 Personal Month in a 6 Personal Year. Distance yourself somewhat from the affairs and troubles of other people. During the course of this year you have been asked to help, counsel, and advise others many times. Now, give yourself a break. Spend time alone for contemplation and meditation. Study and reading are also favorable. Your workload does not decrease but much of it is

routine and allows you to mentally drift. Still, your mind is sharp and you can easily concentrate when you want to.

Inner healing takes place. Old wounds may be reopened. There is some sadness and nostalgia, but the healing is real and needed. This is a time of spiritual growth. Postpone decisions regarding financial affairs, if possible, until next month.

Matters of the heart are also a low priority. You are not very clear this month and would rather not be bothered with it. Emphasize your personal well-being. Diet, exercise, and go for walks. Don't distract yourself from soul-searching by watching television or other mind-numbing practices.

In many ways, your experience of this month will set the tone and direction for next year.

### ***Stedman, your Personal Month for October 2010 is 4***

Stedman, October is a 4 Personal Month in a 3 Personal Year. It requires you to be practical and disciplined in all matters. It brings opportunity as well as limitations.

Career is a high priority and you will find yourself putting in overtime. Details will need to be taken care of. There is very little room for slacking, and everyone may be making demands of you. You may feel frustrated and need to blow off steam.

On the other hand, there is also much opportunity implicit in these demands and you will be pleasantly surprised with the rewards that come your way late in the month. You'll have to respond quickly. You may feel that you are not ready to take on the new challenge that comes with this opportunity, but if you overcome this temporary lack of confidence you will be well rewarded.

This month is demanding in domestic affairs, as well.

There is an ongoing need to watch finances carefully, make decisions concerning your budget, and plan for the future. If you have not been keeping a close eye on your checkbook, Stedman, this month will force you to balance your account and make up for haphazard expenditures of the past.

There's not a whole lot of time for romance this month, but when you can find the time, your partner's love brings perspective and rejuvenation.

### ***Your Personal Month's compatibility for October 2010 is 7 and 4***

Stedman and Oprah, partners often find themselves distancing from each other

during the combination of cycles you are presently going through. You may find that this also applies to you. However, this is not a result of lessened interest in each other, but of the fact that your cycles are focused in different directions. For Stedman, this is a time of grounding and dealing with mundane and practical matters, often experienced as frustrating and boring. For Oprah, this is a time of inner search, daydreaming, and quiet contemplation, a time of doubts and questions, and a time of learning about the self. So, it is not difficult to see how the influence of your cycles can create some distance and a lack of communication.

Keep in mind that this is not per se a negative development, as long as you don't try too hard to force yourself into your partner's world.

### ***Oprah, your Personal Month for November 2010 is 8***

Oprah, November is an 8 Personal Month in a 6 Personal Year and is an excellent time for business ventures, financial affairs, and all things related to the material world. You receive recognition for past effort in the form of financial rewards, respect, and possibly promotion. Implement any changes you have been considering in your business affairs. As always, when the 8 shows up in the chart, a certain amount of balancing takes place. Punishment and reward are both possible. If you have put out sincere effort, the reward will be there. However, for some people, this month may bring bad news.

This is a good time to straighten out financial dealings you may have with friends or relatives as well.

This is not a good time to go into debt. But it is a good time for love. Strong feelings and passionate exchanges on the emotional and physical level make this an exciting month.

### ***Stedman, your Personal Month for November 2010 is 5***

November is your second 5 Personal Month in a 3 Personal Year, and as before it brings change, excitement, and possibly a financial boost. The 5 brings movement -- travel, a change of residence or office, perhaps.

You will receive a letter or phone call from someone close to you whom you haven't heard from in some time.

This month should be light and playful. Try not to take things too seriously. The down-side of this combination (5 and 3) is in the area of relationships. You may have a tendency to misread others, to be a little insensitive and short on tact.

Avoid confrontations in personal matters as well as those related to work. As long as you are upbeat and supportive, friendship and social events are favorable.

As was the case with February of this year, November may also find you in the mood to indulge yourself. Moderation may be hard to maintain, but it's still the best advice.

### ***Your Personal Month's compatibility for November 2010 is 8 and 5***

When it rains, it pours, Stedman and Oprah. This is a time when neither one of you will find it easy to keep up with your partner. Stedman has a lot going on, juggling more balls than usual. Oprah is experiencing strong ambitions and visions of what can be accomplished and how many opportunities there really are. With very different energies currently influencing you, Stedman and Oprah, there is not much room to sit down and simply enjoy each other's company. That's okay, though, because you will get plenty of that in the next cycle, when you both shift your focus towards family, friends, and each other.

Stedman, your cycle brings a lot of change, but it will take time to sort it all out, and several other cycles will go by before you will be able to see clearly the lasting effect of these changes. Oprah, your cycle may, in the end, put your next goal or goals sharply in focus. It could be said that Stedman's energy is like molecules bouncing all over the place, establishing boundaries and discovering space, while Oprah's is more sharply focused on a particular point.

The most common mistake couples in this combination of cycles make, is to try to make each other see the world through each other's eyes. The only result will be frustration and mutual limiting of potential if you go that route. This is a time when you have to allow each other to do exactly what each of you wants to do, without having to explain too much or to account for your actions.

### ***Oprah, your Personal Month for December 2010 is 9***

Oprah, December is a 9 Personal Month in a 6 Personal Year and it is the second time this year that some letting go has to be done. A relationship is going to end. This can cause some distress, but there are also feelings of gratitude. Your feelings run deep, but you have difficulty expressing them.

You feel vulnerable and emotional. You are attracted to giving your time and energy to something outside of yourself.

Clean out the garage or attic and donate the excess to charity.

There are changes in the work situation, such as a shift in personnel. In a strange turn of events, you may find yourself having to defend your actions and motivations. Your honesty may be questioned.

If you are single, you may meet someone later this month.

If you are committed, you may feel you are involved in a roller-coaster kind of relationship. Not to worry, things calm down by the end of the month.

### ***Stedman, your Personal Month for December 2010 is 6***

Stedman, December is a 6 Personal Month in a 3 Personal Year. The month stabilizes your work-environment, but requires that you work on your relationships and family affairs. You will be in the unique position to counsel and support someone in your circle of friends and family with immediate and positive result.

It will be one of the most rewarding experiences of this year for you.

A promotion or a raise are possible, as is an increase in your workload.

This month is good for business and financial affairs, particularly for long-term planning and investment. If you are involved in legal affairs, the time is right to surge ahead.

Romance is also favorable. Commitments bring stability. For those who have become involved in a relationship during the course of this year, this is a good month to exchange vows.

This should be a wonderful time for most of those who are in the last stage of this 3 Personal Year. The holidays bring family and friends together, for much love and the rewards of the season.

### ***Your Personal Month's compatibility for December 2010 is 9 and 6***

Strange as it seems, this is considered a very compatible combination of cycles precisely because this is a difficult and emotional time for Oprah.

Stedman is more devoted and committed to the relationship during this period and that is exactly what Oprah needs; tender loving care and strong commitment.

Oprah may well feel that the world is crumbling, or that expectations have not been met. Mood swings and doubts can play havoc with a person's life during a nine period. Stedman, on the other hand, is more stable and will be happy to be in a position to offer comfort and strength. Oprah, you may find yourself relying heavily on Stedman, in particular on an emotional and spiritual level.

Much will depend on Stedman's ability to offer support and comfort, but an important and positive ingredient Oprah brings in, is moments of clarity and enhanced perspective, born from an urgency to understand what is going on and where to go next. When it comes to examining the future, the goals and expectations you share, and what is needed to reach these goals, Oprah can be a source of inspiration. After all, it is when we feel as if the rug is being pulled from under our feet that we realize what we need to do to survive. Like adrenaline for the soul, the moments of fear and anxiety Oprah may experience, are also the moments we can see clearly what we need to do and how we need to do it.

***Oprah, your Personal Month for January 2011 is 8***

Oprah, January is an 8 Personal Month in a 7 Personal Year and brings success and reward from past effort. Self-reliance and confidence are the keys to success this month. Stand up for yourself and show stubborn persistence.

Your career is stable, with few ups and downs, but your finances are less secure. A conservative attitude to money matters is favorable.

Your attention is focused on long-term planning. You have good ideas that may well turn into an additional source of income later this year (during or around October). You also become interested in new avenues of thought or spiritual paths, which will inspire you to study or read.

This month's emphasize is on long-term goals.

Friends and relatives feel that you are a little distant, and may get on your case in the hope that you will spend more time with them.

Romance is not particularly important. If you are involved with someone, feelings deepen and the bond becomes stronger.

***Stedman, your Personal Month for January 2011 is 5***

Stedman, January is a 5 Personal Month in a 4 Personal Year. You experience some self-doubt related to your work situation. You may question your direction. This frustration will be in the background for most of the year, but this month particularly feels a little bit out of control. However, hidden forces are guiding you carefully and your best approach is to persevere.

Later this month, or early next month, an opportunity will come your way that represents a step forward in your career.

This month also brings some unexpected changes in other areas of your life; possibly an unexpected trip. Be cautious in all financial affairs.

Stedman, your family members demand a lot of attention and much practical guidance is required from you. They look to you for direction.

Social events are favorable, particularly when they are work-related. You will make a very positive impression on someone who can help you move forward.

If married or involved, maintain harmony and avoid rocking the boat.

### ***Your Personal Month's compatibility for January 2011 is 8 and 5***

When it rains, it pours, Stedman and Oprah. This is a time when neither one of you will find it easy to keep up with your partner. Stedman has a lot going on, juggling more balls than usual. Oprah is experiencing strong ambitions and visions of what can be accomplished and how many opportunities there really are. With very different energies currently influencing you, Stedman and Oprah, there is not much room to sit down and simply enjoy each other's company. That's okay, though, because you will get plenty of that in the next cycle, when you both shift your focus towards family, friends, and each other.

Stedman, your cycle brings a lot of change, but it will take time to sort it all out, and several other cycles will go by before you will be able to see clearly the lasting effect of these changes. Oprah, your cycle may, in the end, put your next goal or goals sharply in focus. It could be said that Stedman's energy is like molecules bouncing all over the place, establishing boundaries and discovering space, while Oprah's is more sharply focused on a particular point.

The most common mistake couples in this combination of cycles make, is to try to make each other see the world through each other's eyes. The only result will be frustration and mutual limiting of potential if you go that route. This is a time when you have to allow each other to do exactly what each of you wants to do, without having to explain too much or to account for your actions.

### ***Oprah, your Personal Month for February 2011 is 9***

Oprah, February is a 9 Personal Month in a 7 Personal Year. It brings a number of changes, most of them occurring inside of you. You awaken to new feelings about your job, your house, and the people around you. It is a time of reevaluating the choices and decisions you have made over the past several years. You gain clarity and understand your motivations and needs better.

You may cause some practical changes as a result of this, and even distance yourself from outdated habits or relationships. There may be some emotional turmoil connected to this, but the feeling of relief is more prominent. This is a

tricky time in all areas of relationships.

Oprah, your irritation threshold is lower than usual. Irrational demands and lack of patience from your side may bring on feelings of guilt and you will probably find yourself apologizing more than once. You have strong idealistic, humanitarian, and spiritual feelings and may want to become more involved in some practical endeavors concerning one or more of these areas of life. However, you will probably postpone any active involvement for the time being, because you feel the time is not right.

Most important this month, is your enhanced clarity in all matters concerning your life and the direction it is taking.

It is a time of re-assessment of your values and priorities and the influence of this month will be felt for a long time to come.

The practical aspects of career, business, relationships, and romance are all on the back-burner, but the inner-changes that take place represent a much larger step forward than you will probably realize at this time.

### ***Stedman, your Personal Month for February 2011 is 6***

Stedman, February is a 6 Personal Month in a 4 Personal Year. It brings an increase in responsibility and workload. You receive recognition for your efforts and abilities, and probably a financial increase, as well.

Perhaps even more important is the role friends and family play during the period. Loyalty and a willingness to sacrifice time and energy to your loved ones are needed.

You, in turn, receive comfort and satisfaction from their obvious love for you. It is a time of love, warmth, and a strengthening of the bonds that form the foundation of your life. It is also a good time to start domestic projects, such as minor remodeling and home repair.

If you are not married and are not involved in a relationship, you may meet someone who catches your interest. In this case, the relationship will develop slowly but will endure. Stedman, your focus should be on being dependable and active.

There is no room for procrastination. Your health improves during this time.

### ***Your Personal Month's compatibility for February 2011 is 9 and 6***

Strange as it seems, this is considered a very compatible combination of cycles precisely because this is a difficult and emotional time for Oprah.

Stedman is more devoted and committed to the relationship during this period and that is exactly what Oprah needs; tender loving care and strong commitment. Oprah may well feel that the world is crumbling, or that expectations have not been met. Mood swings and doubts can play havoc with a person's life during a nine period. Stedman, on the other hand, is more stable and will be happy to be in a position to offer comfort and strength. Oprah, you may find yourself relying heavily on Stedman, in particular on an emotional and spiritual level.

Much will depend on Stedman's ability to offer support and comfort, but an important and positive ingredient Oprah brings in, is moments of clarity and enhanced perspective, born from an urgency to understand what is going on and where to go next. When it comes to examining the future, the goals and expectations you share, and what is needed to reach these goals, Oprah can be a source of inspiration. After all, it is when we feel as if the rug is being pulled from under our feet that we realize what we need to do to survive. Like adrenaline for the soul, the moments of fear and anxiety Oprah may experience, are also the moments we can see clearly what we need to do and how we need to do it.

### ***Oprah, your Personal Month for March 2011 is 1***

Oprah, March is a 1 Personal Month in a 7 Personal Year and, while you may still have a case of the blues on the early days of this month, March soon brings optimism, increased energy, and excitement. You are intellectually sharp and imaginative. You feel that anything is possible and that the sky is the limit.

Against the background of self-reflection and soul-searching that's such a major part of this year is this month's sense of spring-time in your heart. This is an excellent time to take on new challenges in your career, to start new endeavors, or, if you are in business or sales, to go out and snare that important new client.

Often, this month brings financial gain, but your attention is more directed towards intellectual accomplishments. Your pride and self-esteem get a boost.

A more difficult aspect of this month is your relationship with loved ones. You lack the necessary sensitivity to respond properly to the needs of those close to you. Oprah, you are under the illusion that everyone feels the way you do; that problems are only minor impediments that can be taken in stride. However, your optimistic attitude also inspires them, and they grudgingly respect you for the way you seem to be handling things.

A romantic experience brings passion and excitement either late this month or early next month.

### ***Stedman, your Personal Month for March 2011 is 7***

Stedman, March is a 7 Personal Month in a 4 Personal Year and should bring some significant changes in your outlook. Indeed, the month is filled with the mystery of life.

You are aware that you are developing spiritually. This is not a good time to deny important issues in your life, or be superficial about significant matters. Your dreams are vivid and if you take some time immediately after awakening to contemplate their meaning, you have the potential to gain some insights that uplifts you and raises your confidence in your life's direction.

You are mentally sharp and creative. You solve problems and gain insight into things that have floated in the background of your consciousness for some time.

It is a period of hard work -- possibly overtime -- juxtaposed with much soul-searching and the need for quiet contemplation.

You may be offered an opportunity to become involved in a new endeavor. Be careful with anything that promises a fast return. This year, long-term projects are far more favorable than get-rich-quick-schemes, or short-term gambles.

Your need for peace and quiet during this month may make your friends and family members wonder whether you have some problem that you are not willing to share.

### ***Your Personal Month's compatibility for March 2011 is 1 and 7***

The challenge in the relationship between these two cycles is to maintain the feeling of belonging. There are big differences between the way the one cycle and the seven cycles affect you, Oprah and Stedman, but one thing they have in common is that both cycles increase the awareness of independence and individuality. In other words, Oprah and Stedman, both of you will kind of feel your selves distancing from the relationship, which is not per se bad. In fact, it may add to the longevity of your relationship. However, if your expectations are that you will spend a lot of time together, share everything, and that nothing will change, your expectations will not be met.

The wise thing to do is to accept the fact that you will move apart somewhat during this period. It is temporary and necessary for your personal growth. Oprah, you should focus on your career and goals. For Stedman, the focus is more inward, towards spiritual and mental growth. Stedman is going through a period of self-discovery and needs time alone. Oprah has opportunities for progress and

needs to take advantage of that. As you can see, your individual needs demand that you pay less attention to your partner and more to your selves. This may make you feel as if the relationship were weakening. That is not the case, unless you turn it into an issue. If you simply accept the fact that your partner's attention is focused elsewhere, you will find that this period offers growth to both of you as individuals, and does not do that at the cost of the relationship.

### ***Oprah, your Personal Month for April 2011 is 2***

Oprah, April is a 2 Personal Month in a 7 Personal year. Now the pendulum swings back from the insensitivity of last month to heightened awareness, especially of others. You are aware of the emotional subtleties that lie beneath the surfaces. You take nothing for granted. Your wisdom and diplomacy will surprise people and prevent several situations from becoming explosive.

Relationships with both subordinates and higher-ups will improve. You receive support and are well-spoken of. Your intuition is keen; rely on it, and respect any premonitions you may have. Someone you meet sparks your interest, but you may find that the person is unstable and fragile. You play the role of teacher and counselor in this relationship.

Oprah, your understanding and intuition also offer you the means to heal formerly difficult relationships this month.

### ***Stedman, your Personal Month for April 2011 is 8***

Stedman, April is an 8 Personal Month in a 4 Personal Year. It promises to be rewarding financially as well as in other areas of life. There is a catch: It is essential to take care of details, to be reliable, and to keep things organized. If you allow yourself to get sloppy in any of these areas, the results could be disastrous. Still, the combination of numbers

(8 and 4) gives you ample support in all efforts at organization and management.

Respect, recognition, financial reward come to those who are careful. Financial problems and struggle (some may even experience bankruptcy) come to those who are careless. The more you stay clear and focused, the higher the rewards will be.

Relationships that are not related to work are not a high priority this month. Stedman, your attention should be given towards career and finances, as well as to people who play important roles in those areas of your life. The advice for this month is to get up early, put your nose to the grindstone, be organized, and don't

hesitate to move yourself to the foreground in your work-environment. If you are due for a raise, ask for it. If a business associate is not fulfilling his/her duties, confront that person. If a payment is due, call it in.

***Your Personal Month's compatibility for April 2011 is 2 and 8***

Oprah and Stedman, this is a difficult combination of cycles. Your priorities are not aligned. For Oprah, the relationship and all matters of the heart are important at this time. Emotional turmoil is right around the corner. And it won't take much to turn that corner. More sensitive than usual and vulnerable to criticism, perceived neglect, and lack of attention, Oprah may be quite demanding in that regard.

For Stedman, the relationship takes second, or perhaps third place at this time. Stedman's focal point is everything around the relationship. From friends to career, and from family to finances, Stedman wants to heal and improve everything that surrounds and sustains the relationship, but in the process may not pay much attention to you, Oprah.

In addition, Stedman may feel that Oprah does not carry enough weight, when in fact Oprah's energies are simply directed elsewhere. As you can see, this combination of cycles offers opportunities galore for misunderstandings and disagreements. It is likely that you will experience some rough spots, but it is also likely that at the end of this period you have both brought something to the relationship; Stedman will manage to make improvements in areas outside the relationship while Oprah will strengthen the relationship on a deeper level.

***Oprah, your Personal Month for May 2011 is 3***

Oprah, May is a 3 Personal Month in a 7 Personal Year and is an excellent time for leisure and play. Take time off and, if possible, go on vacation. Get in touch with the inner you, daydream, and share those feelings and thoughts with someone you trust. Your need for others heightens.

You sense changes on the horizon, but feel you are in limbo, waiting for events to provide a new direction. Seek the advice, perspective, and insight of others.

You continue to make a good impression on those you work with, but not because of enhanced sensitivity and awareness, as was the case in April, but because of your ability to express yourself well and motivate others to see things your way. Be careful not to become manipulative.

This is a "lucky" month. You're in the right place at the right time and coincidences will occur in your favor. You are more attractive to the opposite sex than usual and may receive some interesting proposals.

***Stedman, your Personal Month for May 2011 is 9***

Stedman, May is a 9 Personal Month in a 4 Personal Year and may introduce some emotional turmoil due to a relationship gone awry.

A friend or co-worker has let you down. Your trust has been damaged and you realize that this is not just a temporary disappointment but the conclusion of the relationship. While you have reason to be angry, you should avoid self-righteousness.

You may want to remember that you are not without fault. This allows the anger and disappointment to turn into understanding and forgiveness, even if the situation can not be saved.

As a way of healing this type of wound, life may offer you the opportunity to become involved in a good cause. Sacrificing some of your time and energy will prove very rewarding and will deliver some benefits that are not immediately obvious.

This month, your health requires some special attention, particularly your digestive tract. Watch what you eat. Avoid excesses.

It is possible that your career is heading for a change of direction, which may be of some concern for you. Look to next month for some insight into that aspect of your life.

***Your Personal Month's compatibility for May 2011 is 3 and 9***

Oprah and Stedman, this combination of cycles is quite compatible and it often gives birth to new ideas and plans for the future. You are both experiencing a time of enhanced creativity. You may plan to remodel the house, buy new furniture, or otherwise change and improve the environment you share.

Stedman, however, is also experiencing a challenging time of powerful emotions. Stedman is on shaky ground and needs a stable environment as well as Oprah's support and confidence. Oprah is more upbeat and optimistic than usual and can be a much-needed source of comfort for Stedman. Although this does not look like an ideal situation to make changes such as planning a remodel or buying new furniture, it is in the making of such plans and the creative process that Stedman's

need to feel secure is enforced.

Oprah should be aware that Stedman is not as grounded as usual right now and some patience may be prudent. For Stedman, this is a time of choice and decisions - but on a deep, even subconscious level. Nothing is clear. Nothing is simple. During this combination of cycles much depends on Oprah's ability to be a source of strength and comfort for Stedman. Oprah and Stedman, the nine-cycle is always the most challenging time for anyone, while the three-cycle is considered one of the easiest and most pleasurable. For that reason, you are lucky to have this combination whereby Oprah, with the three-cycle, can support Stedman during the time the nine dominates.

### ***Oprah, your Personal Month for June 2011 is 4***

Oprah, June is a 4 Personal Month in a 7 Personal Year. It may prove to be the busiest month of the year. Work is demanding. Responsibilities and duties could become frustrating. You've got to stick to the routine and, consequently, you may become bored with your environment.

Your energy level is high and you want things to change. Reorganize your personal life. Manage your time more efficiently. Work on the house or garden so that you can enjoy improvements in your environment as well as your work life.

You are more serious this month than you were last month. Don't take chances in financial affairs. It is better to save than to spend. Open your heart to your loved ones. They may sense your preoccupation with work and details, and need you to reach out to them.

### ***Stedman, your Personal Month for June 2011 is 1***

Stedman, June is a 1 Personal Month in a 4 Personal Year. It gives you a new start in some area of your life, perhaps career, or a some new project or endeavor.

This is a month of promise and opportunity. Your energy-level increases, as does your excitement for your new direction.

This period requires courage and flexibility. You should also be more verbal: Express your thoughts and feelings; inspire and motivate others to follow your lead.

You may have a difficult time relaxing or enjoying yourself outside working hours. But it's important that you do just that.

An attraction to someone at work may signal danger to you. Even if you are committed, this attraction will prove quite powerful. Be careful. It may damage

your future in many ways, not least of which is your career. Consider postponing any action in this area.

***Your Personal Month's compatibility for June 2011 is 4 and 1***

Stedman and Oprah, as a rule of thumb, the one-and-four combination, when found in this part of the progressive chart, is not compatible. Although both cycles represent strong drive and motivation, as well as a need to apply and put forth effort, they express it very differently. Stedman, you are motivated in large part by enthusiasm, dreams, hope and a can-do attitude. Oprah, your drive is born from frustration and the feeling that you need to break out of a shell that has for too long limited and restricted you. Your frustration may become worse before it gets better, Oprah, and your challenge is not to let it vent itself towards the people you love and care for. The four cycle is never an easy one, but, in the end, it invariably brings progress and a breakthrough of some kind. So, Oprah, have faith in that and just keep going.

Stedman, don't get impatient with Oprah's doubts and frustration. Remember that this is a time of opportunity for you, and that is what you should go for. Just focus on your goals.

***Oprah, your Personal Month for July 2011 is 5***

Oprah, July is a 5 Personal Month in a 7 Personal Year. It is a time of unexpected events. Be flexible, especially in thought.

Let old concepts and dogma go. This is a time of incredible growth, mentally as well as spiritually, but you have to allow such growth to occur.

New information comes to you. You have the opportunity to change old ideas about life or people. Your circumstances could even change. Travel is also possible and favorable. A sudden phone call could put you on the plane the next day. Letters or phone calls could come from people you have not heard from in a long time.

Meanwhile, you feel scattered and restless and want to avoid the nitty gritty details of life. Go with the flow; answer demands as they come up and do not try to control the circumstances too much.

Oprah, you are mentally sharp and quick to see the meaning of new information. You are also creative and imaginative. This month releases your wilder side, especially when it comes to your social life and love relationship. Within the context of this year's serious and spiritual overtones, July is by far the most

dynamic month. Be careful of too much self-indulgence and irresponsibility. Moderation, again, is the key.

### ***Stedman, your Personal Month for July 2011 is 2***

Stedman, July is a 2 Personal Month in a 4 Personal Year. At this time, your relationship with the people in your work or business environment is extremely important. You will need to be sensitive to their needs and desires and you will probably be called upon to play the role of mediator in a conflict between some of these people. Your success in that role will directly affect your future.

You may be disturbed by these new challenges because they emerge at a time when your workload is considerable. However, you are more sensitive and better able to discern the true basis of the conflict this month.

Stedman, your enhanced sensitivity also helps you in other areas of your life. Romance is strongly represented but should be kept out of the work environment, which may not be an easy thing to do.

You may have the opportunity to go to a concert or some other musical event and because of your enhanced sensitivity, such events will prove very therapeutic.

Pamper yourself in healthful ways, such as massage, a new exercise and dietary regime, or some time near the ocean, in the mountains, in the forest.

### ***Your Personal Month's compatibility for July 2011 is 5 and 2***

Stedman and Oprah, the 2 and the 5 get along fine in many ways; they happily play together, love together, and enjoy each others company. At least as long as everything is in harmony. However, the moment they hit a bump in the road, the results can be disastrous.

Therefore, the trick is to avoid bumps in the road as much as possible. Strange as it sounds, this is a good time to stay on the surface, not dig too deep.

For Stedman, the enhanced emotional vulnerability typical of a 2 cycle opens the door to possible negative feelings that are out of proportion with what is really going on. A minor criticism can become a major source of discontent for Stedman. At the same time, Oprah is not as aware as usual; more impulsive, and quicker to say something without much consideration for the feelings of others. Oprah's mind is more active and less restrained. It is important for both of you to take each others remarks, especially those spoken in the heat of the moment, with a big dose of salt. Neither one of you is particularly good at expressing yourself accurately, or true to your real nature, during this time. Oprah is too quick and

impulsive, Stedman is too sensitive and emotional. It will help you to keep this in mind and allow each other some leeway during this time.

***Oprah, your Personal Month for August 2011 is 6***

Oprah, August is a 6 Personal Month in a 7 Personal Year and with it comes stability and quiet. There is recognition and respect at work, but also the possibility that someone else takes credit for your effort. Apply yourself diligently. Responsibility and duty rule this month. There is financial gain, probably from a source other than work.

Your family and friends need your love and attention; give of it freely. Especially give your time and advice to a younger person. There is a lot of love that surrounds you this month, but you may not be aware of it. Your attention is focused inward and you may want more time alone than you actually have. Maintain balance. The people close to you need attention and you should be there for them.

Your spouse or romantic partner requires much of you this month, too, and your relationship with deepen as a result.

***Stedman, your Personal Month for August 2011 is 3***

Stedman, August is a 3 Personal Month in a 4 Personal Year and is a good time for some relaxation. You will find your workload a little less demanding and may want to take some time off.

You are upbeat and optimistic and able to inspire and uplift others. Do not take matters so seriously this month. It's a time of enhanced creativity and practical application.

You are original in your approach to problem-solving. You receive inspiring ideas and are able to turn some of them into reality. You impress others with your deep understanding of the issues.

This month also brings spiritual realizations and insights.

You are more aware of the underlying forces that are at play in your life and in the world around you.

The challenge of this month is in overcoming a fear. Stedman, you may find yourself confronting some injustice. It may be necessary to meet that injustice alone. Stand up for yourself!

Be wise, but do not seek to avoid the issues.

***Your Personal Month's compatibility for August 2011 is 6 and 3***

Stedman and Oprah, this is a time of strong feelings for both of you. Although inspired by different motives, you are drawn to each other and feel closer than usual. For Stedman, this is in part the result of seeing more clearly the importance of everything not related to career or finances: family, friends, social activities, and so forth. For Oprah, the driving force right now is simply the heart. For both of you, the priorities shift somewhat towards the joy of living, towards things away from the daily grind.

A possible danger lies in the fact that Oprah needs more attention than usual during this time, while Stedman requires less attention and would rather devote more time to people and activities outside the relationship.

***Oprah, your Personal Month for September 2011 is 7***

Oprah, September is a 7 Personal Month in a 7 Personal Year. Now, more than ever, spiritual growth and self-discovery are highlighted. If you have not been fully aware of this inner search during part of this year, there is no escaping it this month. Dreams will be intense and you won't be able to shake them when you wake up. You will find yourself staring into space more often than usual. You are withdrawing and may experience some loneliness as a result.

You are questioning a lot of things that you had been taking for granted. You think about your life and the direction it is taking. The mysteries of life and death (without being morbid) occupy your mind.

You are mentally sharp and flexible, and you easily keep up with any demands that come your way. Oprah, your career, finances, and other mundane aspects of your life occupy a relatively smaller place in your life, this month. Without avoiding your duties, you can let these areas take care of themselves until early next month.

Your friends and family are less demanding.

Romantic ties can be surprisingly strong, however. You have a real desire to share your innermost feelings with the person you are attracted to, revealing a side of yourself that has not been available in such intimacy before.

***Stedman, your Personal Month for September 2011 is 4***

Stedman, September is a 4 Personal Month in a 4 Personal Year. Six months or a year from now, you will look back at this month and realize that in some way it

represented a turning point on your path to success.

However, you may feel frustrated during this month and wonder why everything is moving so slow. In a way, it seems that life has you in a straight-jacket, but in fact you are being protected from yourself. The emphasize is on the irritating and seemingly unnecessarily details. You are forced to deal with things you consider a waste of time. These loose ends can no longer be ignored, but you feel frustrated by the limitations of time and the massive amount of work.

The situation is, in fact, two-sided: One side is effort, the other reward. You are being prepared to take full advantage of a string of opportunities that will begin next month, and will continue all next year. The challenge for you is to keep up. For that reason, you must finish the work in front of you now, to make room for the opportunities to come.

Meanwhile, guard your health, especially against the effects of stress and frustration. Stedman, you would do well to eat healthy foods and in a regular and orderly fashion. Go to bed early; read to widen your view and escape. Do not dwell on the negative. Leave affairs of the heart to themselves for a while, until this intense period passes.

Late this month, you will start to see the light at the end of the tunnel, but looking back you will be grateful and relieved that you took on this process of re-organizing the basics in both, your work and your personal life.

### ***Your Personal Month's compatibility for September 2011 is 7 and 4***

Oprah and Stedman, the influences and compatibility of this month's cycle are already incorporated in the compatibility as described in the section of this year's Personal Year cycle. An analysis of this month's compatibility is therefore redundant. You may, however, want to take another look at the description of the compatibility of this year's Personal Year cycle, keeping in mind that the compatibility for this month will reflect the same influences.

### ***Oprah, your Personal Month for October 2011 is 8***

Oprah, October is an 8 Personal Month in a 7 Personal Year. It brings reward and recognition. Often, this is a very good month for all matters related to career, business, and finances. You reap the rewards of what you sowed in the past seven years. (Next year offers even greater rewards than this month.) October gives you the opportunity to peak into the near future because it represents a small scale sample of what next year will bring. The eight cycle is a rewarding time, but there

are two important sides to the way it is delivered.

On one hand, it is directly proportionate to the effort you have put out in the past. On the other, you receive exactly what you need to continue on your path. For that reason, you would do well keeping a close eye on your finances, especially to protect yourself from any shortfalls next year. Financial gain is much more common this month (and in the 8 Personal Year). In any case, this is a time to be aggressive in all matters relating to career and finances.

### ***Stedman, your Personal Month for October 2011 is 5***

Stedman, October is a 5 Personal Month in a 4 Personal Year. It brings opportunity and change. You may be asked to go on a trip related to work or business. This trip is unexpected but will bring very positive results. Another possibility is that you are offered a transfer and promotion. Either way, there will be changes in your environment.

Now is the time to take some chances, to promote your self unabashed, and to reach out to other possible sources of income. If you are in sales or business, this is one of the most promising times of your life. If your work is more service-oriented, you may receive a long-awaited promotion.

Friends and family members are supportive. Romance is exciting. This is a dynamic month in all respects and will wipe away the frustrations of last month. However, a warning is in place: You may have a tendency to make impulsive decisions, to be a little irresponsible, and to put your foot in your mouth. This hectic and dynamic month brings with it some chaos, and restraint is needed in order to maintain some control over the events.

### ***Your Personal Month's compatibility for October 2011 is 8 and 5***

When it rains, it pours, Stedman and Oprah. This is a time when neither one of you will find it easy to keep up with your partner. Stedman has a lot going on, juggling more balls than usual. Oprah is experiencing strong ambitions and visions of what can be accomplished and how many opportunities there really are. With very different energies currently influencing you, Stedman and Oprah, there is not much room to sit down and simply enjoy each other's company. That's okay, though, because you will get plenty of that in the next cycle, when you both shift your focus towards family, friends, and each other.

Stedman, your cycle brings a lot of change, but it will take time to sort it all out, and several other cycles will go by before you will be able to see clearly the

lasting effect of these changes. Oprah, your cycle may, in the end, put your next goal or goals sharply in focus. It could be said that Stedman's energy is like molecules bouncing all over the place, establishing boundaries and discovering space, while Oprah's is more sharply focused on a particular point.

The most common mistake couples in this combination of cycles make, is to try to make each other see the world through each other's eyes. The only result will be frustration and mutual limiting of potential if you go that route. This is a time when you have to allow each other to do exactly what each of you wants to do, without having to explain too much or to account for your actions.

### ***Oprah, your Personal Month for November 2011 is 9***

Oprah, November is a 9 Personal Month in a 7 Personal Year. Your heightened inner awareness and the long inner growth-process you've been working on this year now reach a kind of completion this month in the form of realizations and insights that in turn improve your self-confidence and faith in the future.

At the same time, this is a period marked by emotional ups and downs as you are releasing old concepts, responsibilities, and relationships that you've outgrown.

You are doing some inner-house cleaning which reflects in work as well as personal life.

Your career may seem somewhat stagnant. You are looking for new opportunities and challenges, but not much will be forthcoming until late this month or early next month. Oprah, you should take it slow; perhaps even take some time off for rest.

There will be an opportunity for you to become involved with a good cause, which will prove both personally and professionally rewarding. In the long run, it may even help you financially.

As for money matters, this is not a good time to take chances or spend money on major purchases.

Some of your relationships with friends and relatives are being put to the test. You have grown and changed over the past year and may be a little out of touch with some of the people with whom you were close. In addition, you have become more discriminating about whom you wish to spend time with.

Sometimes, the 9 Personal Month brings a personal loss. You may have to let go of an old relationship or even someone you regard as a teacher. Romance is also in a make or break period. If the relationship has real substance, there will be

some emotional turmoil but the bond will only become stronger.

If the relationship isn't strong, this will become very clear and cause a permanent break.

### ***Stedman, your Personal Month for November 2011 is 6***

Stedman, November is a 6 Personal Month in a 4 Personal Year. It offers the chance to strengthen your foundation in life. You pay close attention to the needs of your family and circle of friends. You are serious and responsible in all matters related to career and receive recognition and respect for that.

Financially, this could be a good month with an unexpected reward coming sometime during the last week. In many ways, this month brings blessings and can be very satisfying.

Your workload is considerable but doesn't burden you as much as it did during other times of this year. You have the energy and feel confident that you are now moving in the right direction. Feelings of insecurity and frustration that loomed so prominently during most of this year are disappearing. Stedman, your friends and family members display strong signs of loyalty and feelings are expressed more freely. One or more of your friends or relatives needs a boost and comes to you for help. You are happy with the opportunity to help out in a practical way as well as with moral support. You play the role of (m)patriarch.

The only troubling experience during this month will be the need to deal diplomatically and tactfully with a long-standing problem, perhaps with someone at work. A basic personality conflict has been the cause of friction between you and a co-worker, and this can no longer be ignored. Tension will come to a head but there is an opportunity to turn a difficult relationship into one of tolerance and mutual respect.

### ***Your Personal Month's compatibility for November 2011 is 9 and 6***

Strange as it seems, this is considered a very compatible combination of cycles precisely because this is a difficult and emotional time for Oprah. Stedman is more devoted and committed to the relationship during this period and that is exactly what Oprah needs; tender loving care and strong commitment. Oprah may well feel that the world is crumbling, or that expectations have not been met. Mood swings and doubts can play havoc with a person's life during a nine period. Stedman, on the other hand, is more stable and will be happy to be in

a position to offer comfort and strength. Oprah, you may find yourself relying heavily on Stedman, in particular on an emotional and spiritual level.

Much will depend on Stedman's ability to offer support and comfort, but an important and positive ingredient Oprah brings in, is moments of clarity and enhanced perspective, born from an urgency to understand what is going on and where to go next. When it comes to examining the future, the goals and expectations you share, and what is needed to reach these goals, Oprah can be a source of inspiration. After all, it is when we feel as if the rug is being pulled from under our feet that we realize what we need to do to survive. Like adrenaline for the soul, the moments of fear and anxiety Oprah may experience, are also the moments we can see clearly what we need to do and how we need to do it.

### ***Oprah, your Personal Month for December 2011 is 1***

Oprah, December is a 1 Personal Month in a 7 Personal Year. It brings renewed energy and enthusiasm. Your career makes a big step forward. There is financial reward, promotion, and possibly a transfer that brings a welcome change. You will be introduced to someone or several people who are important for your career and can positively influence your future.

While this month brings you and your relatives and friends closer together, the feelings are also intensified and your relationship with some of these people is in a very fragile state. There may be some outbursts of long suppressed feelings that have to be dealt with.

Relationships of all kinds -- family, friends, and co-workers -- tend to be somewhat unstable during this time.

If you are single, romance may become an important ingredient of this month's experience. Oprah, you may meet someone new and this person will be an intellectual and spiritual challenge.

The attraction will be based less on physical appearance than on curiosity: there are profound differences between you in point of view and lifestyle, which is fascinating on some level. You learn from this person and, like looking into a mirror, you discover a lot about yourself and the changes that have taken place on a very deep level during the course of this year.

### ***Stedman, your Personal Month for December 2011 is 7***

Stedman, December is a 7 Personal Month in a 4 Personal Year. It's a fitting

end for this year. You now enter a period of introspection, contemplation, and meditation, similar to that experience in March. December focuses you on inner-growth and soul-searching. However, that is where the similarities end.

December is a much more comfortable time for such an inward-journey and expansion of your consciousness. There will be plenty of opportunity to withdraw, to seek the quiet. Whether you enjoy this time depends on whether you value such an experience.

This has been a year of hard work and, at times, frustration, but the work will pay off. You are now more aware of that, and even that the year was well-spent.

Understanding the value of day-dreaming and contemplation is more difficult as a result of this society's emphasize on action and result. However, the quiet, "un-productive" times of this month will be at least as rewarding, spiritually as well as practically. It allows for deep inner-contentment and a fuller awareness of the love and goodwill of others.

Only the 4 Personal Year closes with such a beautiful and fitting counter-balance to a difficult and busy year.

### ***Your Personal Month's compatibility for December 2011 is 1 and 7***

The challenge in the relationship between these two cycles is to maintain the feeling of belonging. There are big differences between the way the one cycle and the seven cycles affect you, Oprah and Stedman, but one thing they have in common is that both cycles increase the awareness of independence and individuality. In other words, Oprah and Stedman, both of you will kind of feel your selves distancing from the relationship, which is not per se bad. In fact, it may add to the longevity of your relationship. However, if your expectations are that you will spend a lot of time together, share everything, and that nothing will change, your expectations will not be met.

The wise thing to do is to accept the fact that you will move apart somewhat during this period. It is temporary and necessary for your personal growth. Oprah, you should focus on your career and goals. For Stedman, the focus is more inward, towards spiritual and mental growth. Stedman is going through a period of self-discovery and needs time alone. Oprah has opportunities for progress and needs to take advantage of that. As you can see, your individual needs demand that you pay less attention to your partner and more to your selves. This may make you feel as if the relationship were weakening. That is not the case, unless you turn it into an issue. If you simply accept the fact that your partner's attention is focused elsewhere, you will find that this period offers growth to both of you as

individuals, and does not do that at the cost of the relationship.